GCCS Middle School Breakfast Menu

refresh. refuel. relax.

September 2019

NO SCHOOL Labor Day

Whole Grain Glazed **Donut**

Orange Fruit Cocktail 100% Fruit Juice

Sausage & Cheese **Biscuit Sandwich**

Seasonal Fruit Variety **Applesauce** 100% Fruit Juice

Sausage Breakfast Pizza

Banana Craisins 100% Fruit Juice 6

Mini Cinnamon Roll

Assorted Fresh Fruit **Diced Peaches** 100% Fruit Juice

French Toast Sticks

Apple **Diced Pears** 100% Fruit Juice

Sausage Wrapped Pancake on a Stick

Orange Fruit Cocktail 100% Fruit Juice

Egg & Cheese Biscuit Sandwich

Seasonal Fruit Variety Applesauce 100% Fruit Juice

12

Whole Grain Glazed **Donut**

Banana Craisins 100% Fruit Juice

Cherry Frudel

Assorted Fresh Fruit **Diced Peaches** 100% Fruit Juice

16

Whole Grain Cinnamon Sugar Donut Holes

Apple **Diced Pears** 100% Fruit Juice 17

Mini Cinnamon Roll

Orange Fruit Cocktail 100% Fruit Juice 18

NO SCHOOL

Teacher Only Day

19

Maple Mini Pancakes

Banana Craisins 100% Fruit Juice

Jumbo Blueberry Muffin

Assorted Fresh Fruit **Diced Pears** 100% Fruit Juice

23

Sausage & Cheese **Breakfast Sandwich**

Apple **Diced Pears** 100% Fruit Juice 24

Sausage Biscuit Sandwich

Orange Fruit Cocktail 100% Fruit Juice

Sausage Breakfast Pizza

Seasonal Fruit Variety Applesauce 100% Fruit Juice

Whole Grain Glazed **Donut Holes**

Banana Craisins 100% Fruit Juice

French Toast Sticks

Assorted Fresh Fruit **Diced Peaches** 100% Fruit Juice

30

Confetti Mini Pancakes

Apple **Diced Pears** 100% Fruit Juice

Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Cereals, Pop Tarts, Graham Crackers, NutriGrain Bars, Muffins, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.15

ALL Parkview Students qualify for FREE Breakfast & Lunch

More info...

Milk Offered Daily - Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.

