



GCCS Breakfast in the Classroom Menu

September 2019

2

NO SCHOOL
Labor Day

3

Crunchmania
Graham Crackers

Fruit Cup
100% Fruit Juice

4

Jumbo Whole Grain
Muffin

Banana
100% Fruit Juice

5

Mini Cinnamon Roll

Craisins
100% Fruit Juice

6

Turkey Sausage
Pancake Wrap

Assorted Fresh Fruit
100% Fruit Juice

9

On the Go Cereal

Apple Wedges
100% Fruit Juice

10

Sausage & Cheese
Sandwich

Fruit Cup
100% Fruit Juice

11

Jumbo Whole Grain
Muffin

Banana
100% Fruit Juice

12

Nutri-Grain Bar
w/ Cheese Stick

Craisins
100% Fruit Juice

13

Cherry Frudel

Assorted Fresh Fruit
100% Fruit Juice

16

On the Go Cereal

Apple Wedges
100% Fruit Juice

17

Mini Cinnamon Roll

Fruit Cup
100% Fruit Juice

18

NO SCHOOL
Teacher Only Day

19

Mini Maple Pancakes

Craisins
100% Fruit Juice

20

Jumbo Whole Grain
Muffin

Assorted Fresh Fruit
100% Fruit Juice

23

On the Go Cereal

Apple Wedges
100% Fruit Juice

24

Sausage Breakfast
Sandwich

Fruit Cup
100% Fruit Juice

25

Whole Grain PopTart

Banana
100% Fruit Juice

26

Jumbo Whole Grain
Muffin

Craisins
100% Fruit Juice

27

Cream Cheese Filled
Mini Bagels

Assorted Fresh Fruit
100% Fruit Juice

30

On the Go Cereal

Apple Wedges
100% Fruit Juice

##

Breakfast in the Classroom Menu is followed at:
Northaven, Parkwood, Spring Hill, Wilson

All student breakfasts are FREE!
Adult - \$2.15

More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.