# GCCS Middle School Lunch Menu refresh. refuel. relax. May 2019



GYRO PIZZA
WITH MEATBALLS
AND TOMATOES

BBQ Pork Riblet Sandwich Turkey & Ham Salad w/ Roll

Mashed Potatoes, Fresh Broccoli, Oranges, Fruit Cocktail

### 13

FULLY LOADED PIZZA WITH FRIES, CHICKEN, BACON, AND RANCH SAUCE

Chicken Nuggets w/ Brdstk Turkey & Ham Salad w/ Roll

Steamed Carrots, Broccoli Florets, Oranges, Fruit Cocktail

### 20

French Toast Sticks w/ Turkey Sausage Cheeseburger Cobb Salad w/ Roll Hawaiian Pizza

Baked Tater Tots, Tomato Wedges, Oranges, Fruit Cocktail

### 27

NO SCHOOL Memorial Day 7

NO SCHOOL Election Day

### 14

Spicy Popcorn
Chicken Po-Boy Wrap
Cheeseburger
Cobb Salad w/ Roll
Pizza Sticks w/ Marinara

Green Beans, Red Pepper Strips, Banana, Diced Pears

### 21

MTO Deli Bar Jumbo Cheese Ravioli w/ Garlic Breadstick Chicken Nuggets w/ Brdstk Turkey & Ham Salad w/ Roll Pizza Sticks w/ Marinara

Green Beans, Cucumber Slices, Banana, Diced Pears

### 28

Manager's Choice Popcorn Chicken w/ Brdstk Cobb Salad w/ Roll Pizza Sticks w/ Marinara

Assorted Fruits and Veggies

### \_ 1

Orange Broccoli Chicken w/ Rice & Egg Roll Grilled Cheese Sandwich Ham Pizza Salad w/ Roll Meat Lover's Calzone

Mixed Veggies, Celery Sticks, Apples, Diced Peaches

### 8

French Toast Sticks w/ Turkey Sausage Cheeseburger Buffalo Chicken Salad w/ Roll BBQ Chicken & Cheddar Calzone

Baked Tater Tots, Cucumber Slices, Apples, Diced Peaches

### 15

Manager's Choice BBQ Pork Riblet Sandwich Turkey & Ham Salad w/ Roll Meat Lover's Calzone

Mexicali Corn, Cucumber Slices, Apples, Diced Peaches

Country Fried Steak w/ Dinner Roll Hot Dog Buffalo Chicken Salad w/ Roll BBQ Chicken & Cheddar Calzone

Mashed Potatoes, Celery Sticks, Apples, Diced Peaches

### 20

Manager's Choice Cheeseburger Popcorn Ckn Salad w/ Roll Buffalo Chicken Calzone

Assorted Fruits and Veggies

## 2 SCHOOL LUNCH HERO DAY

MTO Mexican Bar Popcorn Chicken w/ Brdstk Turkey & Ham Salad w/ Roll Chicken Club FB Pizza

Kickin' Pinto Beans, Baby Carrots, Oranges, Applesauce

### q

MTO Mexican Bar Chicken Nuggets w/ Brdstk Cobb Salad w/ Roll Buffalo Chicken FB Pizza

Carrots, Baby Carrots, Oranges, Applesauce

# 10 Birthday Celebration

Breaded Fish Sandwich Beef Nacho Salad w/ Tortilla Chips Papa John's Pizza

NO SCHOOL

Kentucky Oaks

Baked Beans, Cuke Tomato Salad, Fresh Fruit, Diced Pears

# Harvest of

the Month
MTO Mexican Bar
Popcorn Chicken w/ Brdstk
Cobb Salad w/ Roll
BBQ Chicken FB Pizza

### **BLACKBERRIES**

Steamed Broccoli, Celery Sticks, Oranges, Applesauce

### 17

Buffalo Chicken Wrap Beef Nacho Salad w/ Tortilla Chips Papa John's Pizza

Baked Beans, Baby Carrots, Fresh Fruit, Diced Pears

### ſ

MTO Mexican Bar Grilled Cheese Sandwich Turkey & Ham Salad w/ Roll Buffalo Chicken FB Pizza

Corn, Baby Carrots, Oranges, Applesauce

### 24

Manager's Choice Chicken Nacho Salad w/ Tortilla Chips Papa John's Pizza

Pinto Charro Beans, Red Pepper Strips, Fresh Fruit, Diced Pears

Check the GCCS website for information on FREE Summer Meals!

Available Daily: Plain or Spicy Chicken Patty Sandwich, Cheese & Pepperoni Pizza, Grab & Go Lunch Packs, Peanut Butter & Jelly Uncrustable Sandwich, Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices

Lunch Pricing: Paid \$2.95, Reduced \$0.40, Adult \$3.75, Milk \$0.55

ALL Parkview Students qualify for FREE Breakfast & Lunch

**Did You Know?** We offer breakfast every single day! From cinnamon rolls to sandwiches, cereal to breakfast bars, we are sure to offer something your child will love!

Menus are posted online at <a href="https://www.gccschools.com/menus">www.gccschools.com/menus</a>

Breakfast Pricing: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.10

Menus are subject to change without notice.

