

# GCCS High School - Breakfast



**Breakfast Pricing:** Paid - \$1.50, Reduced - \$0.30, Adult - \$2.10

**January 2019**

| Monday                               | Tuesday                               | Wednesday                             | Thursday                          | Friday                       |
|--------------------------------------|---------------------------------------|---------------------------------------|-----------------------------------|------------------------------|
|                                      | 1<br><b>NO SCHOOL</b><br>Winter Break | 2<br><b>NO SCHOOL</b><br>Winter Break | 3<br>French Toast Sticks          | 4<br>Jumbo Blueberry Muffin  |
| 7<br>Powdered Sugar Donut Holes      | 8<br>Sausage Pancake on a Stick       | 9<br>Jumbo Blueberry Muffin           | 10<br>Orange Glazed Cinnamon Roll | 11<br>Blueberry Waffle       |
| 14<br>Maple Pancakes                 | 15<br>Ham & Cheese Frittata w/ Toast  | 16<br>Jumbo Banana Muffin             | 17<br>Cinnamon Sugar Donut        | 18<br>Cherry Frudel          |
| 21<br><b>NO SCHOOL</b><br>MLK Jr Day | 22<br>Cinnamon Sugar Donut Holes      | 23<br>Sausage Breakfast Pizza         | 24<br>French Toast Sticks         | 25<br>Jumbo Blueberry Muffin |
| 28<br>Sausage Pancake on a Stick     | 29<br>Jumbo Blueberry Muffin          | 30<br>Orange Glazed Cinnamon Roll     | 31<br>Glazed Donut                |                              |

| EVERYDAY OFFERINGS<br>Pick up to 2 items below!  |  | AVAILABLE DAILY   | EVERYDAY OFFERINGS<br>Pick one as an entrée!  |
|--|--|---|---|
| <b>PICK A GRAIN</b><br>Cereal Bowl<br>Cereal Bar<br>Nutri-Grain Bar<br>Pop Tart<br>Mini Muffin<br>Graham Crackers<br>Animal Crackers | <b>PICK A PROTEIN</b><br>Cheese Stick<br>Strawberry Banana Yogurt<br>Hard Boiled Egg | <b>FRUIT CHOICES</b> <ul style="list-style-type: none"> <li>• 100% Fruit Juice</li> <li>• Fresh &amp; Canned Fruits</li> </ul> <b>MILK CHOICES</b> <ul style="list-style-type: none"> <li>• 1% White</li> <li>• Skim White</li> <li>• Skim Chocolate</li> </ul> | <ul style="list-style-type: none"> <li>• Benefit Bar (Banana or Oatmeal Chocolate Chip)</li> <li>• Small PBJ Uncrustable</li> </ul> |

## MOBILE BREAKFAST FEATURES

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| Bacon Biscuit Sandwich<br>Fruit & Yogurt Parfait | Sausage, Egg & Cheese Breakfast Burrito<br>Smoothie & Donut | Bacon Biscuit Sandwich<br>Fruit & Yogurt Parfait | Sausage & Cheese Biscuit Sandwich<br>Smoothie & Donut | Bacon, & Cheese Breakfast Burrito<br>Fruit & Yogurt Parfait |

Mobile breakfast cart will be parked out in the hallways before school and after first period.

Various grab and go breakfast options will be available.

This institution is an equal opportunity provider.

Menus are subject to change without notice.