

# Jeffersonville High School

Each station includes "Everyday Offerings" and "Daily Features"

December 2018

EVERYDAY OFFERINGS – MAKE YOUR OWN!	
<b>PICK A BREAD</b> Sub Roll, Wrap, Flatbread, Ciabatta	<b>CUSTOMIZE</b> Lettuce, Tomato, Onion, Pickle, Olives, Banana Peppers, Jalapeno Peppers, Bacon
<b>GET SOME PROTEIN</b> Ham, Turkey, Roast Beef, Diced Chicken	<b>ADD A SPREAD</b> Ranch, Mayo, Honey Mustard, Buffalo Sauce, BBQ Sauce
<b>CHEESE</b> American, Swiss, Pepper Jack, Provolone	



DAILY FEATURES: PBJ Uncrustable Sandwich, Pizza Packable				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Ckn Wrap Buffalo Chicken Salad	Curry Apple or BLT Chicken Salad Sub Ham Pizza Salad	Roast Beef & Swiss Sub Tky & Ham Cobb Salad	Ham, Pepperoni & Provolone Wrap Popcorn Ckn Salad	Chicken Bacon Ranch FB Panini Tky & Ham Cobb Salad

ROTATING MADE TO ORDER BAR				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Papa John's Pizza Of Course.	Baked Potato Bar Large spuds topped w/ beef chili, cheese, and/or steamed veggies & roll	Boneless Chicken Wings w/ various specialty sauces, celery, carrots & Parm Garlic Brdstk	Stir Fry Flavorful oriental meats otop your choice of grain w/ steamed veggies & a veggie egg roll	Pasta Top with marinara, alfredo, meatballs, chicken and/or veggies & Parm Garlic Breadstick

EVERYDAY OFFERINGS
Hamburger, Cheeseburger, Black Bean Burger, Chicken Patty, Spicy Chicken Patty all on a whole grain bun Variety of cheeses, veggie toppings and spreads available daily.



EVERYDAY OFFERINGS – MAKE YOUR OWN!	
<b>STARTERS</b> Tortilla Scoops, Soft Taco Shells, Rice Bowl	<b>CUSTOMIZE</b> Cheese, Lettuce, Tomato, Onion, Black Olives, Banana Peppers, Jalapenos
<b>GET SOME PROTEIN</b> Seasoned Chicken, Beef or Beans	<b>TOP IT OFF</b> Salsa, Pico de Gallo, Hot Sauce, Sour Cream

# Jeffersonville High School



Weekly Menu Starting: DECEMBER 2018



The entrées offered at the Main Plate change daily and like all items on our menu, they provide high quality selections that meet or exceed the latest federal and state requirements. Each menu is designed to ensure that students receive a balanced meal, consisting of foods from all major food groups in the right proportions to meet calorie and other nutrient needs. The products and the cooking methods we use conserve food quality and nutrients, while limiting the addition of fats and eliminating frying.

	Monday	Tuesday	Wednesday	Thursday	Friday
12/3-12/7	<b>Kickin' Chicken Fries</b> Corn Baby Carrots Oranges, Fruit Cocktail	<b>Spaghetti Carbonara w/ Garlic Breadstick</b> <b>Buffalo Ckn Calzone</b> Green Peas Red Pepper Strips Banana, Diced Pears	<b>Beef &amp; Bean Burrito</b> <b>Pizza Sticks w/ Marinara</b> Kickin' Pinto Beans Cuke & Tomato Salad Apples, Diced Peaches	<b>Turkey &amp; Gravy w/ Roll</b> <b>Cheese, Sausage &amp; Herb FB Pizza</b> Mashed Potatoes Celery Sticks Oranges, Applesauce	<b>Breaded Fish Sandwich</b> <b>Meat Lover's Pizza</b> Steamed Broccoli Creamy Coleslaw Fresh Fruit, Diced Pears
12/10-12/14	<b>Disco Fries</b> Green Beans Tomato Wedges Oranges, Fruit Cocktail	<b>Fish Sticks w/ Macaroni &amp; Cheese</b> <b>Buffalo Ckn Calzone</b> Roasted Carrots Cucumber Slices Banana, Diced Pears	<b>Country Chicken</b> <b>Nugget Bowl w/ Roll</b> <b>Pizza Sticks w/ Marinara</b> Mixed Veggies Celery Sticks Apples, Diced Peaches	<b>Chicken &amp; Waffles</b> <b>Chicken Club Flatbread</b> <b>Pizza</b> Potato Wedges Baby Carrots Oranges, Applesauce	<b>Backyard Burger</b> <b>Chicken Bacon Ranch</b> <b>Flatbread Sandwich</b> Baked Beans Cucumber Slices Fresh Fruit, Diced Pears
12/17-12/21	<b>Salisbury Steak w/ Parslied Noodles &amp; Gravy</b> Green Beans Broccoli Florets Oranges, Fruit Cocktail	<b>Meatball FB Sandwich</b> <b>BBQ Chicken &amp; Cheddar Calzone</b> Roasted Brussels Sprouts Red Pepper Strips Banana, Diced Pears	<b>CHRISTMAS MEAL</b> <b>Christmas Brunch</b> <b>Ham Denver Frittata</b> <b>Biscuits &amp; Gravy</b> <b>Cinnamon Roll</b> <b>Pizza Sticks w/ Marinara</b> Potato Wedges Cuke Tomato Salad Red Apples Pineapple Chunks Holiday Dessert	<b>Chili Cheese Hot Dog</b> <b>Buffalo Chicken</b> <b>Flatbread Pizza</b> Baked Beans Baby Carrots Oranges, Applesauce	<b>Breaded Fish Sandwich</b> <b>Vegetable Pizza</b> Steamed Broccoli Cucumber Slices Fresh Fruit, Diced Pears
12/24-12/28	<b>NO SCHOOL</b> Winter Break	<b>NO SCHOOL</b> Winter Break		<b>NO SCHOOL</b> Winter Break	<b>NO SCHOOL</b> Winter Break
12/31-1/4	<b>NO SCHOOL</b> Winter Break				

## EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on whole grain crust  
Specialty entrees listed on calendar menu



## NOW SERVING BREAKFAST ANYWHERE YOU ARE

**Did You Know?** We offer breakfast everyday! The cafeteria is open at **7:30**.  
**A NEW MOBILE BREAKFAST CART** will be open at the front of school before class and after first period.

**Breakfast Pricing:** Paid - \$1.50,  
Reduced - \$0.30, Adult - \$2.10



## OTHER LUNCH NOTES

**Available Beverages:** Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices  
**Student Lunch Pricing:** Paid \$2.95, Reduced \$0.40, Milk \$0.55, Adult \$3.75  
To qualify as a full lunch meal, a student must take a fruit or VEGGIE, plus two other items.

Menus are posted online at [www.gccschools.com/menus](http://www.gccschools.com/menus)