GCCS Middle School Breakfast Menu refresh. refuel. relax. November 2018

Sausage & Cheese **Breakfast Sandwich**

Apple Craisins 100% Fruit Juice **French Toast Sticks**

2

Orange **Diced Peaches** 100% Fruit Juice

5 **Maple Pancakes**

Apple **Diced Pears** 100% Fruit Juice NO SCHOOL

Banana Applesauce 100% Fruit Juice

Bagel Sandwich

Bacon Egg & Cheese

Cinnamon Sugar Donut Holes

Apple Craisins 100% Fruit Juice Blueberry Waffle

Orange **Diced Peaches** 100% Fruit Juice

12

Jumbo Banana Muffin

Apple **Diced Pears** 100% Fruit Juice 13

Election Day

Pumpkin Spice Donut

Orange Fruit Cocktail 100% Fruit Juice 14

Sausage & Cheese Biscuit Sandwich

Banana Applesauce 100% Fruit Juice

Sausage Breakfast Pizza

Apple Craisins 100% Fruit Juice 16

Cinnamon Roll

Orange Diced Peaches 100% Fruit Juice

19

French Toast Sticks

Apple **Diced Pears** 100% Fruit Juice 20

Sausage Wrapped Pancake on a Stick

Orange Fruit Cocktail 100% Fruit Juice 21

NO SCHOOL Thanksgiving Break

NO SCHOOL Thanksgiving Break

NO SCHOOL Thanksgiving Break

26

Cinnamon Sugar Donut Holes

Apple **Diced Pears** 100% Fruit Juice

Cinnamon Roll

Orange Fruit Cocktail 100% Fruit Juice

Sausage & Cheese **Biscuit Sandwich**

Banana Applesauce 100% Fruit Juice

Maple Pancakes

Apple Craisins 100% Fruit Juice

Jumbo Blueberry Muffin

Orange Diced Peaches 100% Fruit Juice

Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Cereals, Pop Tarts, Graham Crackers, NutriGrain Bars, Muffins, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.10

ALL Parkview Students qualify for FREE Breakfast & Lunch

More info...

Milk Offered Daily - Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.

