

# New Washington Middle High School



Lunch Pricing: Paid \$2.95, Reduced \$0.40, Milk \$0.55, Adult \$3.75






## September's Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
9/3-9/7	<b>NO SCHOOL</b> Labor Day	<b>Meatball FB Sandwich</b> <b>Chicken Nuggets w/ Roll</b> <b>BBQ Chicken &amp; Cheddar Calzone</b> Roasted Brussels Sprouts Red Pepper Strips Banana, Diced Pears	<b>French Toast Sticks</b> <b>w/ Turkey Sausage</b> <b>BBQ Pork Riblet Sandwich</b> <b>Buffalo Chicken FB Pizza</b> Baked Tater Tots Cucumber Slices Apples, Diced Peaches	<b>Harvest of the Month</b> <b>Chicken Nuggets w/ Roll</b> <b>Pizza Sticks w/ Marinara</b> <b>Mini Sweet Peppers</b> Baked Beans Baby Carrots Oranges, Applesauce	<b>Breaded Fish Sandwich</b> <b>Papa John's Pizza</b>  Steamed Broccoli Cuke & Tomato Salad Fresh Fruit, Diced Pears
9/10-9/14	<b>Teriyaki Popcorn Chicken &amp; Broccoli w/ Rice</b> <b>Cheeseburger</b> <b>Taco Pizza</b> Steamed Carrots Broccoli Florets Oranges, Fruit Cocktail	<b>Chicken Parmesan w/ Spaghetti &amp; Brdstk</b> <b>Chicken Nuggets w/ Roll</b> <b>Meat Lover's Calzone</b> Green Beans Red Pepper Strips Banana, Diced Pears	<b>Meatball Sub Sandwich</b> <b>BBQ Pork Riblet Sandwich</b> <b>Chicken Club FB Pizza</b>  Mexicali Corn Cucumber Slices Apples, Diced Peaches	<b>Chicken Nuggets w/ Roll</b> <b>Pizza Sticks w/ Marinara</b>  Baked Beans Celery Sticks Oranges, Applesauce	<b>Buffalo Chicken Sandwich</b> <b>Papa John's Pizza</b>  Steamed Broccoli Baby Carrots Fresh Fruit, Diced Pears
9/17-9/21	<b>French Toast Sticks w/ Turkey Sausage</b> <b>Cheeseburger</b> <b>Ham Hawaiian Pizza</b> Baked Tater Tots Tomato Wedges Oranges, Fruit Cocktail	<b>Popcorn Ckn Bowl w/ Roll</b> <b>Chicken Tenders w/ Roll</b> <b>BBQ Chicken &amp; Cheddar Calzone</b> Corn Cucumber Slices Banana, Diced Pears	<b>NO SCHOOL</b> Teacher's Only Day	<b>Chicken Tenders w/ Roll</b> <b>Pizza Sticks w/ Marinara</b>  Kickin' Pinto Beans Baby Carrots Oranges, Applesauce	<b>Bacon &amp; Swiss Cheeseburger</b> <b>Papa John's Pizza</b>  Red Pepper Strips Fresh Fruit, Diced Pears
9/24-9/28	<b>Beef &amp; Bean Burrito</b> <b>Cheeseburger</b> <b>Meat Lover's Pizza</b>  Kickin' Pinto Beans Baby Carrots Oranges, Fruit Cocktail	<b>Turkey &amp; Gravy w/ Roll</b> <b>Chicken Nuggets w/ Roll</b> <b>Buffalo Ckn Calzone</b>  Mashed Potatoes Red Pepper Strips Banana, Diced Pears	<b>Spaghetti Carbonara w/ Garlic Breadstick</b> <b>BBQ Pork Riblet Sandwich</b> <b>Cheese, Sausage &amp; Herb Flatbread Pizza</b> Green Beans Cuke & Tomato Salad Apples, Diced Peaches	<b>Chicken Nuggets w/ Roll</b> <b>Pizza Sticks w/ Marinara</b>  Corn Celery Sticks Oranges, Applesauce	<b>Breaded Fish Sandwich</b> <b>Papa John's Pizza</b>  Steamed Broccoli Creamy Coleslaw Fresh Fruit, Diced Pears

## Daily Offerings

Chicken Patty, Spicy Chicken Patty, Cheese & Pepperoni Pizza  
Grab & Go Deli Sandwiches and Salads, PBJ Uncrustables, Pizza Packables

## Rotating Daily Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Chicken Wrap Fruit, Yogurt & Cheese Plate w/ Muffin PASTA BAR	Curry Apple or BLT Chicken Salad Sub Ham Pizza Salad BAKED POTATO BAR	Roast Beef & Swiss Sub Tky&Ham Cobb Salad BONELESS CHICKEN WINGS BAR	Ham, Pepperoni & Provolone Wrap Popcorn Ckn Salad MEXICAN BAR	Assorted Sandwiches and Salads Papa John's Pizza
				

## OTHER LUNCH NOTES

**Available Beverages:** Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices  
To qualify as a full lunch meal, a student must take a fruit or VEGGIE, plus two other items.

Menus are posted online at [www.gccschools.com/menus](http://www.gccschools.com/menus)

This institution is an equal opportunity provider.

## NOW SERVING BREAKFAST ANYWHERE YOU ARE

**Did You Know?** We offer breakfast every morning! The cafeteria is open at **7:30**.  
**A NEW MOBILE BREAKFAST CART** will be open at the front of school before class and after first period.

**Breakfast Pricing:** Pd - \$1.50, Red - \$0.30, Adult - \$2.10

Menus are subject to change without notice.