

Jeffersonville High School

Each station includes "Everyday Offerings" and "Daily Features"

August 2018



| EVERYDAY OFFERINGS – MAKE YOUR OWN! | |
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| PICK A BREAD Sub Roll, Wrap, Flatbread, Ciabatta | CUSTOMIZE Lettuce, Tomato, Onion, Pickle, Olives, Banana Peppers, Jalapeno Peppers |
| GET SOME PROTEIN Ham, Turkey, Roast Beef, Diced Chicken, Bacon | ADD A SPREAD Ranch, Mayo, Honey Mustard, Buffalo Sauce, BBQ Sauce |
| CHEESE American, Swiss, Pepper Jack, Provolone | |

| EVERYDAY OFFERINGS |
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| PBJ Uncrustable Sandwich Pizza Packable Deli Lunch Express |

| EVERYDAY OFFERINGS – MAKE YOUR OWN SALAD! | |
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| PICK YOUR GREENS Romaine, Spinach | CUSTOMIZE Carrots, Peppers, Tomatoes, Broccoli, Cauliflower, Onions, Cucumber, Peas, Banana Peppers, Jalapenos, Bacon |
| GET SOME PROTEIN Ham, Turkey, Diced Chicken, Beans, Cheddar Cheese, Hardboiled Egg | CHOOSE YOUR GRAIN Dinner Roll, Crackers |

| DAILY FEATURES | | | | |
|--|---|---|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Buffalo Chicken Wrap Fruit, Yogurt & Cheese Plate w/ Muffin | Curry Apple or BLT Chicken Salad Sub Ham Pizza Salad | Roast Beef & Swiss Sub Turkey & Ham Cobb Salad | Ham, Pepperoni & Provolone Wrap Popcorn Chicken Salad | Chicken Bacon Ranch Flatbread Panini Tky & Ham Cobb Salad |

| *NEW* ROTATING MADE TO ORDER BAR | | | | |
|----------------------------------|---|--|---|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| Papa John's Pizza Of Course. | Baked Potato Bar Large spuds topped w/ beef chili, cheese, and/or steamed veggies & roll | Boneless Chicken Wings w/ various specialty sauces, celery, carrots & Parm Garlic Brdstk | Stir Fry Flavorful oriental meats otoprot your choice of grain w/ steamed veggies & a veggie egg roll | Pasta Top with marinara, alfredo, meatballs, chicken and/or veggies & Parm Garlic Breadstick |

| EVERYDAY OFFERINGS |
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| Hamburger, Cheeseburger, Black Bean Burger, Chicken Patty, Spicy Chicken Patty all on a whole grain bun Variety of cheeses, veggie toppings and spreads available daily. |



| EVERYDAY OFFERINGS – MAKE YOUR OWN! | |
|---|---|
| STARTERS Tortilla Scoops, Soft Taco Shells, Rice Bowl | CUSTOMIZE Cheese, Lettuce, Tomato, Onion, Black Olives, Banana Peppers, Jalapenos |
| GET SOME PROTEIN Seasoned Chicken, Beef or Beans | TOP IT OFF Salsa, Pico de Gallo, Hot Sauce, Sour Cream |

Jeffersonville High School



Weekly Menu Starting: August 8th



The entrées offered at Home Zone change daily and like all items on our menu, they provide high quality selections that meet or exceed the latest federal and state requirements. Each menu is designed to ensure that students receive a balanced meal, consisting of foods from all major food groups in the right proportions to meet calorie and other nutrient needs. The products and the cooking methods we use conserve food quality and nutrients, while limiting the addition of fats and eliminating frying.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---|---|---|---|---|
| 8/6 - 8/10 | | | Spicy Mexican Lasagna w/ Tortilla Chips Pizza Sticks w/ Marinara Mexicali Corn Cucumber Slices Apples, Diced Peaches | Buffalo Chicken Sdw Ham & Pineapple Pico de Gallo FB Pizza Baked Beans Celery Sticks Oranges, Applesauce | Fish Tacos w/ Coleslaw Taco Pizza Steamed Broccoli Baby Carrots Fresh Fruit, Diced Pears |
| 8/13 - 8/17 | French Toast Sticks w/ Turkey Sausage Baked Tater Tots Tomato Wedges Oranges, Fruit Cocktail | Popcorn Ckn Bowl w/ Roll BBQ Chicken & Cheddar Calzone Corn Cucumber Slices Banana, Diced Pears | Jumbo Cheese Ravioli w/ Garlic Breadsticks Pizza Sticks w/ Marinara Green Beans Celery Sticks Apples, Diced Peaches | Country Fried Steak w/ Country Gravy & Roll Buffalo Chicken FB Pizza Mashed Potatoes Baby Carrots Oranges, Applesauce | Cajun Chili Cheese Fries w/ Tortilla Chips Ham Hawaiian Pizza Pinto Charro Beans Red Pepper Strips Fresh Fruit, Diced Pears |
| 8/20 - 8/24 | Ham, Caramelized Onions & Cheese Flatbread Sandwich Corn Baby Carrots Oranges, Fruit Cocktail | Spaghetti Carbonara w/ Garlic Breadstick Buffalo Ckn Calzone Green Peas Red Pepper Strips Banana, Diced Pears | Beef & Bean Burrito Pizza Sticks w/ Marinara Harvest of the Month Local Cherry Tomatoes Kickin' Pinto Beans Cuke & Tomato Salad Apples, Diced Peaches | Turkey & Gravy w/ Roll Cheese, Sausage & Herb FB Pizza Mashed Potatoes Celery Sticks Oranges, Applesauce | Breaded Fish Sandwich Meat Lover's Pizza Steamed Broccoli Creamy Coleslaw Fresh Fruit, Diced Pears |
| 8/27 - 8/31 | Meatball Sub Sandwich Green Beans Tomato Wedges Oranges, Fruit Cocktail | Fish Sticks w/ Macaroni & Cheese Buffalo Ckn Calzone Roasted Carrots Cucumber Slices Banana, Diced Pears | Country Chicken Nugget Bowl w/ Roll Pizza Sticks w/ Marinara Mixed Veggies Celery Sticks Apples, Diced Peaches | Chicken & Waffles Chicken Club Flatbread Pizza Potato Wedges Baby Carrots Oranges, Applesauce | Fiesta FB Foldover Chicken Bacon Ranch Flatbread Sandwich Seasoned Refried Beans Cucumber Slices Fresh Fruit, Diced Pears |

EVERYDAY OFFERINGS

Cheese & Pepperoni Pizza on whole grain crust
 Specialty entrees listed on calendar menu



NOW SERVING BREAKFAST ANYWHERE YOU ARE

Did You Know? We offer breakfast everyday! The cafeteria is open at **7:30**.
A NEW MOBILE BREAKFAST CART will be open at the front of school before class and after first period.

Breakfast Pricing: Paid - \$1.50,
 Reduced - \$0.30, Adult - \$2.10



OTHER LUNCH NOTES

Available Beverages: Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices
Student Lunch Pricing: Paid \$2.95, Reduced \$0.40, Milk \$0.55, Adult \$3.75
 To qualify as a full lunch meal, a student must take a fruit or VEGGIE, plus two other items.

Menus are posted online at www.gccschools.com/menus