



# NWMHS Lunch Menu

May 2018

## Spicy Cauliflower Chicken Pizza



1

Pasta & Italian Meat Sauce w/ Breadstick  
Chicken Nuggets w/ Roll  
All-American Salad  
Southwest Turkey Wrap  
Meat Lover's Pizza  
Green Beans, Red Pepper Strips, Garden Salad, Banana, Diced Peaches

2

MTO Nacho Bar  
BBQ Pork Riblet Sdw  
Fruit, Yogurt & Cheese Plate  
Turkey & Cheese Sub  
BBQ Chicken Pizza  
Sweet Potato Fries, Cucumber Slices, Garden Salad, Apples, Diced Pears

3



Let's celebrate our School Lunch Heros!

MTO Deli Bar  
Chicken Ranch Flatbread Sandwich  
Chicken Nuggets w/ Roll  
Ham Pizza Salad  
Buffalo Chicken Pizza  
Baked Beans, Celery Sticks, Garden Salad, Orange Wedges, Applesauce

4

**NO SCHOOL**  
Kentucky Oaks Day



7

## Spicy Cauliflower Chicken Pizza

Bacon Cheeseburger  
Popcorn Chicken Salad  
Turkey & Cheddar Wrap  
Sausage Pizza  
Green Peas, Tomato Wedges, Garden Salad, Orange



8

**NO SCHOOL**  
Election Day

9

MTO Nacho Bar  
BBQ Pork Riblet Sdw  
Fruit, Yogurt & Cheese Plate  
Ham & Provolone Wrap  
Spicy Cauliflower Chicken Pizza  
Orange Glazed Carrots, Celery Sticks, Garden Salad, Apples, Diced Pears



10

MTO Deli Bar  
Orange Broccoli Chicken w/ Veggie Fried Rice  
Chicken Tenders w/ Roll  
Ham Pizza Salad  
Spicy Cauliflower Chicken Pizza  
Campfire Beans, Baby Carrots, Salad, Oranges, Applesauce

11

Beef Quesadilla  
All-American Cobb Salad  
Ham & Swiss Wrap  
Papa John's Pizza  
Steamed Broccoli, Red Pepper Strips, Garden Salad, Assorted Fresh Fruit, Diced Pears

14

## Pepper Popper Pizza

Bacon Cheeseburger  
Popcorn Chicken Salad  
Ham & Swiss Sub  
Sausage Pizza  
Golden Corn, Broccoli, Garden Salad, Orange Wedges, Fruit Cocktail



15

## Harvest of the Month

Jumbo Cheese Ravioli w/ Breadstick  
Chicken Nuggets w/ Roll  
All-American Salad  
Southwest Turkey Wrap  
Pepper Popper Pizza  
**Oven Roasted Asparagus**  
Red Pepper Strips, Garden Salad, Banana, Diced Peaches



16

MTO Nacho Bar  
BBQ Pork Riblet Sdw  
Fruit, Yogurt & Cheese Plate  
Turkey & Cheese Sub  
Pepper Popper Pizza  
Steamed Carrot Coins, Cucumber Slices, Garden Salad, Apples, Diced Pears



17

MTO Deli Bar  
French Toast Sticks w/ Turkey Sausage  
Chicken Nuggets w/ Roll  
Ham Pizza Salad  
Buffalo Chicken Pizza  
Baked Tater Tots, Celery Sticks, Garden Salad, Orange Wedges, Applesauce

18

Ham, Caramelized Onion & Cheese FB Sandwich  
All-American Cobb Salad  
Chicken Salad Wrap  
Papa John's Pizza  
Beans, Zucchini Coins, Garden Salad, Assorted Fresh Fruit, Diced Peaches

21

## Salisbury Steak & Gravy w/ Dinner Roll

Bacon Cheeseburger  
Popcorn Chicken Salad  
Turkey & Cheddar Wrap  
Sausage Pizza  
Mashed Potatoes, Tomato Wedges, Garden Salad, Orange Wedges, Fruit Cocktail

22

Cheese Pizza Sticks w/ Pizza Sauce  
Chicken Tenders w/ Roll  
All-American Salad  
Chicken Salad Sub  
Meat Lover's Pizza  
Orange Glazed Carrots, Broccoli, Garden Salad, Banana, Diced Peaches

23

MTO Nacho Bar  
BBQ Pork Riblet Sdw  
Fruit, Yogurt & Cheese Plate  
Ham & Provolone Wrap  
BBQ Chicken Pizza  
Steamed Zucchini, Celery Sticks, Garden Salad, Apples, Diced Pears

24

MTO Deli Bar  
Chicken Taco  
Chicken Tenders w/ Roll  
Ham Pizza Salad  
Hawaiian Pizza  
Seasoned Refried Beans, Baby Carrots, Garden Salad, Orange Wedges, Applesauce

35

## Birthday Celebration

Manager's Choice  
All-American Cobb Salad  
Ham & Swiss Wrap  
Papa John's Pizza  
Steamed Broccoli, Cucumber Slices, Garden Salad, Assorted Fresh Fruit, Diced Pears

28

**NO SCHOOL**  
Memorial Day

29

Fish Sticks w/ Mac & Cheese  
Manager's Choice  
All-American Salad  
Southwest Turkey Wrap  
Meat Lover's Pizza  
Green Beans, Assorted Fresh Fruits and Vegetables

30

MTO Nacho Bar  
Manager's Choice  
Fruit, Yogurt & Cheese Plate  
Turkey & Cheese Sub  
BBQ Chicken Pizza  
Steamed Carrot Coins, Assorted Fresh Fruits and Vegetables

31 Last Day of School!

Manager's Choice  
Chicken Nuggets w/ Roll  
Ham Pizza Salad  
Buffalo Chicken Pizza  
Manager's Choice, Assorted Fresh Fruits and Vegetables

## Pepper Popper Pizza



**Lunch Pricing:** Paid \$2.80, Reduced \$0.40, Adult \$3.60, Milk \$0.55

**Other Available Entrees:** Baked French Fries, Regular/Spicy Chicken Patty Sandwiches, Chicken Tenders, Popcorn Chicken, Cheese & Pepperoni Pizza

**Available Beverages:** Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices

Menus are subject to change without notice.

**Breakfast Pricing:** Paid - \$1.50, Reduced - \$0.30, Adult - \$2.00

**Did You Know?** We offer breakfast every single day! From cinnamon rolls to sandwiches, cereal to breakfast bars, we are sure to offer something you will enjoy!

Menus are posted online at [www.gccschools.com/menus](http://www.gccschools.com/menus)

This institution is an equal opportunity provider.

