



GCCS Breakfast in the Classroom Menu

September 2017

28 On the Go Cereal Apple Wedges 100% Fruit Juice	29 Sausage Wrapped Pancake on a Stick Diced Peaches 100% Fruit Juice	30 Cream Cheese Filled Mini Bagels Banana 100% Fruit Juice	31 Nutri-Grain Bar w/ Cheese Stick Apple Wedges 100% Fruit Juice	1 Cherry Frudel Assorted Fresh Fruit 100% Fruit Juice
4 NO SCHOOL Labor Day	5 Mini Cinnamon Roll Fruit Cocktail 100% Fruit Juice	6 Strawberry Banana Yogurt w/ Graham Crackers Banana 100% Fruit Juice	7 Mini Maple Pancakes Apple Wedges 100% Fruit Juice	8 Banana Chocolate Chip Oatmeal Bar Assorted Fresh Fruit 100% Fruit Juice
11 On the Go Cereal Apple Wedges 100% Fruit Juice	12 Cherry Frudel Diced Peaches 100% Fruit Juice	13 Whole Grain Muffin w/ Cheese Stick Banana 100% Fruit Juice	14 Egg & Cheese Sandwich Apple Wedges 100% Fruit Juice	15 Cream Cheese Filled Mini Bagels Assorted Fresh Fruit 100% Fruit Juice
18 On the Go Cereal Apple Wedges 100% Fruit Juice	19 Nutri-Grain Bar w/ Cheese Stick Fruit Cocktail 100% Fruit Juice	20 NO SCHOOL	21 Strawberry Banana Yogurt w/ Graham Crackers Apple Wedges 100% Fruit Juice	22 Sausage Wrapped Pancake on a Stick Assorted Fresh Fruit 100% Fruit Juice
25 On the Go Cereal Apple Wedges 100% Fruit Juice	26 Whole Grain Muffin w/ Cheese Stick Diced Peaches 100% Fruit Juice	27 Crunchmania Graham Crackers Banana 100% Fruit Juice	28 Mini Cinnamon Roll Apple Wedges 100% Fruit Juice	29 Egg & Cheese Sandwich Assorted Fresh Fruit 100% Fruit Juice

Breakfast in the Classroom Menu is followed at:
Northaven*, Parkwood*, Pleasant Ridge, Spring Hill*,
Thomas Jefferson, and Wilson*
*Indicates Free Breakfast
Breakfast Pricing: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.00

More info...
Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate
All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.
Menus are subject to change without notice.

