



GCCS High School Breakfast Menu

September 2017

28

French Toast Sticks

Apple
Diced Pears
100% Fruit Juice

29

Sausage Wrapped
Pancake on a Stick

Orange
Fruit Cocktail
100% Fruit Juice

30

Egg & Cheese Bagel
Sandwich

Banana
Applesauce
100% Fruit Juice

31

Whole Grain Glazed
Donut

Apple
Raisins
100% Fruit Juice

1

Cherry Frudel

Orange
Diced Peaches
100% Fruit Juice

4

NO SCHOOL
Labor Day

5

Orange Glazed
Cinnamon Roll

Orange
Fruit Cocktail
100% Fruit Juice

6

Egg & Cheese Bagel
Sandwich

Banana
Applesauce
100% Fruit Juice

7

Pancakes

Apple
Raisins
100% Fruit Juice

8

Banana Chocolate
Chip Oatmeal Bar

Orange
Diced Peaches
100% Fruit Juice

11

Sausage Wrapped
Pancake on a Stick

Apple
Diced Pears
100% Fruit Juice

12

Cherry Frudel

Orange
Fruit Cocktail
100% Fruit Juice

13

Sausage Breakfast
Pizza

Banana
Applesauce
100% Fruit Juice

14

Egg & Cheese Bagel
Sandwich

Apple
Raisins
100% Fruit Juice

15

French Toast Sticks

Orange
Diced Peaches
100% Fruit Juice

18

Pancakes

Apple
Diced Pears
100% Fruit Juice

19

Orange Glazed
Cinnamon Roll

Orange
Fruit Cocktail
100% Fruit Juice

20

NO SCHOOL

21

Whole Grain
Cinnamon & Sugar
Donut

Apple
Raisins
100% Fruit Juice

22

Blueberry Waffle

Orange
Diced Peaches
100% Fruit Juice

25

Chocolate Chip Oatmeal
Bar

Apple
Diced Pears
100% Fruit Juice

26

Whole Grain Glazed
Donut

Orange
Fruit Cocktail
100% Fruit Juice

27

Sausage & Cheese
Bagel Sandwich

Banana
Applesauce
100% Fruit Juice

28

Sausage Breakfast
Pizza

Apple
Raisins
100% Fruit Juice

29

Biscuits & Gravy

Orange
Diced Peaches
100% Fruit Juice

Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following:
Cereals, Pop Tarts, Graham Crackers, NutriGrain Bars,
Muffins, Hardboiled Eggs, String Cheese, & Strawberry
Banana Yogurt

PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.00

More info...

Milk Offered Daily – Choose Between Non-Fat White,
1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which
increases the amount of vitamins, minerals, fiber and
protein it contains.

Menus are subject to change without notice.