

CHS Lunch Menu

September 2017

28

Beef & Bean Burrito Bacon Cheeseburger Popcorn Chicken Salad Ham BaBoom Sub Sausage Pizza Mexicali Corn, Broccoli, Garden Salad, Orange Wedges, Fruit Cocktail

29

Pasta & Italian Meat Sauce w/ Garlic Toast Pepperjack Burger All-American Salad Southwest Turkey Wrap Meat Lover's Pizza Green Beans, Red Pepper Strips, Garden Salad, Banana, Diced Peaches

30

Salisbury Steak

w/ Dinner Roll, Mashed
Potatoes & Gravy
BBQ Pork Riblet Sdw
Fruit, Yogurt & Cheese Plate
Turkey & Cheese Sub
BBQ Chicken Pizza
Orange Glazed Carrots,
Cucumber Slices, Garden Salad,
Apples, Diced Pears

31

Chicken Ranch
Flatbread Sandwich
Grilled Cheese Sandwich
Ham Pizza Salad
Ham & Swiss Sub
Buffalo Chicken Pizza
Baked Beans, Celery Sticks,
Garden Salad, Orange Wedges,
Applesauce

1

Chicken Fried Rice All-American Cobb Salad Chicken Salad Wrap Papa John's Pizza Steamed Broccoli, Baby Carrots, Garden Salad, Assorted Fresh Fruits, Pineapple Chunks

4

NO SCHOOL Labor Day

-5

Chicken Mashed Potato Bowl w/ Biscuit Pepperjack Burger All-American Salad Chicken Salad Sub Meat Lover's Pizza Mixed Vegetables, Cucumber Slices, Garden Salad, Banana, Diced Peaches

6

Chicken & Cheese Penne Bake w/ Garlic Toast BBQ Pork Riblet Sdw Vegetarian Greek Salad Ham & Provolone Wrap BBQ Chicken Pizza Orange Glazed Carrots, Celery Sticks, Garden Salad, Apples, Diced Pears

7

Meatball Pizza Sub Grilled Cheese Sandwich Ham Pizza Salad Turkey BaBoom Sub Hawaiian Pizza Campfire Beans, Baby Carrots, Garden Salad, Orange Wedges, Applesauce

8

Fish Sandwich All-American Cobb Salad Ham & Swiss Wrap Papa John's Pizza Roasted Brussels Sprouts, Red Pepper Strips, Garden Salad, Assorted Fresh Fruit, Pineapple Chunks

11

Cheese Pizza Sticks w/ Marinara Sauce Bacon Cheeseburger Popcorn Chicken Salad Ham BaBoom Sub Sausage Pizza Golden Corn, Broccoli, Garden Salad, Orange Wedges, Fruit Cocktail

Harvest of

the Month
Hearty Chicken Stew
w/ Garlic Toast
Pepperjack Burger
All-American Salad
Southwest Turkey Wrap
Meat Lover's Pizza
Green Beans, Garden Salad,
Banana, Diced Peaches
Mini Sweet Peppers

13

Orange Popcorn Ckn w/ Cilantro Lime Rice BBQ Pork Riblet Sdw Fruit, Yogurt & Cheese Plate Turkey & Cheese Sub BBQ Chicken Pizza Orange Glazed Carrots, Cucumber Slices, Garden Salad, Apples, Diced Pears

14

Ham, Caramelized Onion & Cheese FB Sandwich Grilled Cheese Sandwich Ham Pizza Salad Ham & Swiss Sub Buffalo Chicken Pizza Baked Beans, Celery Sticks, Garden Salad, Orange Wedges, Applesauce

15

Beef Soft Tacos All-American Cobb Salad Chicken Salad Wrap Papa John's Pizza Steamed Broccoli, Zucchini Coins, Garden Salad, Assorted Fresh Fruit, Pineapple Chunks

18

Salisbury Steak & Gravy w/ Dinner Roll Bacon Cheeseburger Popcorn Chicken Salad Turkey & Cheddar Wrap Sausage Pizza Mashed Potatoes, Tomato Wedges, Garden Salad, Orange Wedges, Fruit Cocktail

19

12

Chicken Tikka Masala w/ Yellow Rice Pepperjack Burger All-American Salad Chicken Salad Sub Meat Lover's Pizza Orange Glazed Carrots, Jicama Sticks, Garden Salad, Banana, Diced Peaches

20

NO SCHOOL

24

Chicken Soft Tacos Grilled Cheese Sandwich Ham Pizza Salad Turkey BaBoom Sub Hawaiian Pizza Seasoned Refried Beans, Baby Carrots, Garden Salad, Orange Wedges, Applesauce

22

Fish Sandwich
All-American Cobb Salad
Ham & Swiss Wrap
Papa John's Pizza
Roasted Brussels Sprouts,
Cucumber Slices, Garden
Salad, Assorted Fresh Fruit,
Pineapple Chunks

25

Cheese Pizza Sticks w/ Marinara Sauce Bacon Cheeseburger Popcorn Chicken Salad Ham BaBoom Sub Sausage Pizza Golden Corn, Broccoli, Garden Salad, Orange Wedges, Fruit Cocktail

26

Fish Sticks w/ Mac & Cheese Pepperjack Burger All-American Salad Southwest Turkey Wrap Meat Lover's Pizza Green Beans, Red Pepper Strips, Garden Salad, Banana, Diced Peaches

27

Sweet & Sour Chicken w/ Veggie Fried Rice BBQ Pork Riblet Sdw Fruit, Yogurt & Cheese Plate Turkey & Cheese Sub BBQ Chicken Pizza Orange Glazed Carrots, Cucumber Slices, Garden Salad, Apples, Diced Pears

28

Country Fried Steak w/ Gravy & Mashed Potatoes Grilled Cheese Sandwich Ham Pizza Salad Ham & Swiss Sub Buffalo Chicken Pizza Baked Beans, Celery Sticks, Garden Salad, Orange Wedges, Applesauce

29 Birthday Celebration

Corn Dog All-American Cobb Salad Chicken Salad Wrap Papa John's Pizza Green Peas, Cucumber & Tomato Salad, Assorted Fresh Fruit, Pineapple Chunks Mini Rice Krispie Treat

Available Beverages: Skim Milk, Chocolate Skim Milk, 1% Milk, Assorted 100% Fruit Juices

Lunch Pricing: Paid \$2.80, Reduced \$0.40, Adult \$3.60, Milk \$0.55

To qualify as a full lunch meal, a student <u>must</u> take a fruit or vegetable, plus two other items.

Menus are subject to change without notice.

Menus are posted online at www.gccschools.com/menus

Nacho and Deli Made to Order Bars Rotate Daily Baked French Fries, Regular/Spicy Chicken Patty Sandwiches, Chicken Tenders, Popcorn Chicken, Cheese & Pepperoni Pizza

Did You Know? We offer breakfast every single day! From cinnamon rolls to sandwiches, cereal to breakfast bars, we are sure to offer something your child will love!

Breakfast Pricing: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.00

