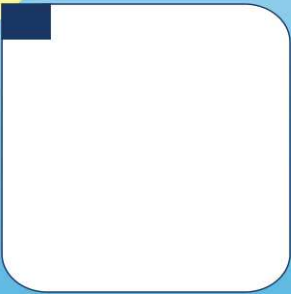
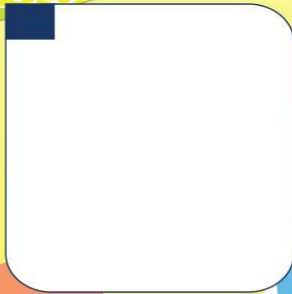




# GCCS Elementary Breakfast Menu

July/August 2017



**27**  
**Turkey Pancake Wrap w/ Syrup**  
Orange Wedges  
Raisins  
100% Fruit Juice

**28**  
**Glazed Cinnamon Roll**  
OR  
**Apple Orange Yogurt Smoothie w/ Grahams**  
Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

**31**  
**Whole Grain Cinnamon Sugar Donut**  
Orange Wedges  
Diced Pears  
100% Fruit Juice

**1**  
**Sausage Bagel**  
(Cheese Optional)  
Apple Wedges  
Fruit Cocktail  
100% Fruit Juice

**2**  
**Sausage Breakfast Pizza**  
Banana  
Applesauce  
100% Fruit Juice

**3**  
**Whole Grain Muffin w/ String Cheese**  
Orange Wedges  
Raisins  
100% Fruit Juice

**4**  
**Pancakes & Syrup**  
OR  
**Apple Orange Yogurt Smoothie w/ Grahams**  
Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

**7**  
**Whole Grain Glazed Donut**  
Orange Wedges  
Diced Pears  
100% Fruit Juice

**8**  
**Egg Bagel**  
(Cheese Optional)  
Apple Wedges  
Fruit Cocktail  
100% Fruit Juice

**9**  
**Mini Cream Cheese Filled Bagels**  
Banana  
Applesauce  
100% Fruit Juice

**10**  
**Glazed Cinnamon Roll**  
Orange Wedges  
Raisins  
100% Fruit Juice

**11**  
**Cheesy Ham Biscuit**  
OR  
**Apple Orange Yogurt Smoothie w/ Grahams**  
Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

**14**  
**Whole Grain Powdered Sugar Donut**  
Orange Wedges  
Diced Pears  
100% Fruit Juice

**15**  
**Turkey Pancake Wrap w/ Syrup**  
Apple Wedges  
Fruit Cocktail  
100% Fruit Juice

**16**  
**Whole Grain Muffin w/ String Cheese**  
Banana  
Applesauce  
100% Fruit Juice

**17**  
**Cherry Frudel**  
Orange Wedges  
Raisins  
100% Fruit Juice

**18**  
**French Toast Sticks w/ Syrup**  
OR  
**Apple Orange Yogurt Smoothie w/ Grahams**  
Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

**21**  
**Whole Grain Glazed Donut**  
Orange Wedges  
Diced Pears  
100% Fruit Juice

**22**  
**Glazed Cinnamon Roll**  
Apple Wedges  
Fruit Cocktail  
100% Fruit Juice

**23**  
**Egg Bagel**  
(Cheese Optional)  
Banana  
Applesauce  
100% Fruit Juice

**24**  
**Pancakes & Syrup**  
Orange Wedges  
Raisins  
100% Fruit Juice

**25**  
**Sausage Breakfast Pizza**  
OR  
**Apple Orange Yogurt Smoothie w/ Grahams**  
Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

## Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Assorted Cereals, Pop Tarts, Cinnamon Toast, ½ Bagel w/ Cream Cheese, Assorted Graham Crackers, Oatmeal Bars, NutriGrain Bars, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

PRICING: Paid - \$1.50 (\$7.50 weekly), Reduced - \$0.30 (\$1.50 weekly), Adult - \$2.00 (\$10.00 weekly)

## More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.