



GCCS Elementary Breakfast in the Classroom Menu July/August 2017

			27 Cherry Frudel Apple Wedges 100% Fruit Juice	28 Egg & Cheese Breakfast Sandwich Assorted Fresh Fruit 100% Fruit Juice
31 On the Go Cereal Apple Wedges 100% Fruit Juice	1 Strawberry Banana Yogurt w/ Graham Crackers Banana 100% Fruit Juice	2 Crunchmania Graham Crackers Raisins 100% Fruit Juice	3 Mini Cream Cheese Filled Bagels Apple Wedges 100% Fruit Juice	4 Turkey Pancake Wrap Assorted Fresh Fruit 100% Fruit Juice
7 On the Go Cereal Apple Wedges 100% Fruit Juice	8 Whole Grain Muffin w/ Cheese Stick Banana 100% Fruit Juice	9 Cherry Frudel Raisins 100% Fruit Juice	10 Mini Cinnamon Rolls Apple Wedges 100% Fruit Juice	11 Egg & Cheese Breakfast Sandwich Assorted Fresh Fruit 100% Fruit Juice
14 On the Go Cereal Apple Wedges 100% Fruit Juice	15 NutriGrain Bar w/ Cheese Stick Banana 100% Fruit Juice	16 Whole Grain PopTart Raisins 100% Fruit Juice	17 Mini Maple Pancakes Apple Wedges 100% Fruit Juice	18 Turkey Pancake Wrap Assorted Fresh Fruit 100% Fruit Juice
21 On the Go Cereal Apple Wedges 100% Fruit Juice	22 Whole Grain Muffin w/ Cheese Stick Banana 100% Fruit Juice	23 Crunchmania Graham Crackers Raisins 100% Fruit Juice	24 Mini Blueberry Waffles Apple Wedges 100% Fruit Juice	25 Mini Cinnamon Rolls Assorted Fresh Fruit 100% Fruit Juice

Breakfast in the Classroom Menu is followed at:
Northaven*, Parkwood*, Pleasant Ridge, Spring Hill*,
Thomas Jefferson, and Wilson*

*Indicates Free Breakfast

Breakfast Pricing: Paid - \$1.50, Reduced - \$0.30, Adult - \$2.00

More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.