



# GCCS High School Breakfast Menu

April 2017

3

**Whole Grain Donut**  
OR  
**Oatmeal Breakfast Bar**

Orange Wedges  
Diced Pears  
100% Fruit Juice

4

**Sausage Bagel**  
(Cheese Optional)

Banana  
Fruit Cocktail  
100% Fruit Juice

5

**Sausage Breakfast Pizza**

Orange Wedges  
Applesauce  
100% Fruit Juice

6

**Whole Grain Muffin w/ String Cheese**

Fresh Apple Wedges  
Raisins  
100% Fruit Juice

7

**Pancakes & Bacon w/ Syrup**

Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

10

**Whole Grain Donut**  
OR  
**Oatmeal Breakfast Bar**

Orange Wedges  
Diced Pears  
100% Fruit Juice

11

**Egg Bagel**  
(Cheese Optional)

Banana  
Fruit Cocktail  
100% Fruit Juice

12

**Mini Cream Cheese Filled Bagels**

Orange Wedges  
Applesauce  
100% Fruit Juice

13

**Glazed Cinnamon Roll**

Fresh Apple Wedges  
Raisins  
100% Fruit Juice

14

**Cheesy Ham Biscuit**

Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

17

**Whole Grain Donut**  
OR  
**Oatmeal Breakfast Bar**

Orange Wedges  
Diced Pears  
100% Fruit Juice

18

**Turkey Pancake Wrap w/ Syrup**

Banana  
Fruit Cocktail  
100% Fruit Juice

19

**Whole Grain Muffin w/ String Cheese**

Orange Wedges  
Applesauce  
100% Fruit Juice

20

**Cherry Frudel**

Fresh Apple Wedges  
Raisins  
100% Fruit Juice

21

**French Toast Sticks w/ Syrup**

Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

24

**Whole Grain Donut**  
OR  
**Oatmeal Breakfast Bar**

Orange Wedges  
Diced Pears  
100% Fruit Juice

25

**Glazed Cinnamon Roll**

Banana  
Fruit Cocktail  
100% Fruit Juice

26

**Egg Bagel**  
(Cheese Optional)

Orange Wedges  
Applesauce  
100% Fruit Juice

27

**Pancakes & Bacon w/ Syrup**

Fresh Apple Wedges  
Raisins  
100% Fruit Juice

28

**Sausage Breakfast Pizza**

Assorted Fresh Fruit  
Diced Peaches  
100% Fruit Juice

### Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following:  
Assorted Cereals, Pop Tarts, Cinnamon Toast, ½ Bagel w/ Cream Cheese, Assorted Graham Crackers, Oatmeal Bars, NutriGrain Bars, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

### More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate  
All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

PRICING: Paid - \$1.50 (\$7.50 weekly), Reduced - \$0.30 (\$1.50 weekly), Adult - \$2.00 (\$10 weekly)

Menus are subject to change without notice.