



# GCCS Elementary Breakfast Menu

December 2016

			<b>1</b> <b>Cherry Frudel</b> Orange Wedges Raisins 100% Fruit Juice	<b>2</b> <b>French Toast Sticks w/ Syrup</b> OR <b>Apple Orange Yogurt Smoothie w/ Grahams</b> Assorted Fresh Fruit Diced Peaches 100% Fruit Juice
<b>5</b> <b>Whole Grain Glazed Donut</b> Orange Wedges Diced Pears 100% Fruit Juice	<b>6</b> <b>Glazed Cinnamon Roll</b> Apple Wedges Fruit Cocktail 100% Fruit Juice	<b>7</b> <b>Egg Bagel</b> (Cheese Optional) Banana Applesauce 100% Fruit Juice	<b>8</b> <b>Pancakes &amp; Syrup</b> Orange Wedges Raisins 100% Fruit Juice	<b>9</b> <b>Sausage Breakfast Pizza</b> OR <b>Apple Orange Yogurt Smoothie w/ Grahams</b> Assorted Fresh Fruit Diced Peaches
<b>12</b> <b>Whole Grain Powdered Sugar Donut</b> Orange Wedges Diced Pears 100% Fruit Juice	<b>13</b> <b>Sausage Biscuit</b> (Cheese Optional) Apple Wedges Fruit Cocktail 100% Fruit Juice	<b>14</b> <b>Whole Grain Muffin w/ String Cheese</b> Banana Applesauce 100% Fruit Juice	<b>15</b> <b>Turkey Pancake Wrap w/ Syrup</b> Orange Wedges Raisins 100% Fruit Juice	<b>16</b> <b>Glazed Cinnamon Roll</b> OR <b>Apple Orange Yogurt Smoothie w/ Grahams</b> Assorted Fresh Fruit Diced Peaches
<b>19</b> <b>NO SCHOOL</b> Winter Break	<b>20</b> <b>NO SCHOOL</b> Winter Break	<b>21</b> <b>NO SCHOOL</b> Winter Break	<b>22</b> <b>NO SCHOOL</b> Winter Break	<b>23</b> <b>NO SCHOOL</b> Winter Break
<b>26</b> <b>NO SCHOOL</b> Winter Break	<b>27</b> <b>NO SCHOOL</b> Winter Break	<b>28</b> <b>NO SCHOOL</b> Winter Break	<b>29</b> <b>NO SCHOOL</b> Winter Break	<b>30</b> <b>NO SCHOOL</b> Winter Break

### Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Assorted Cereals, Pop Tarts, Cinnamon Toast, ½ Bagel w/ Cream Cheese, Assorted Graham Crackers, Oatmeal Bars, NutriGrain Bars, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

PRICING: Paid - \$1.50 (\$7.50 weekly), Reduced - \$0.30 (\$1.50 weekly), Adult - \$1.80 (\$9.00 weekly)

### More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.