



GCCS Elementary Breakfast Menu

November 2016

1

Glazed Cinnamon Roll

Apple Wedges
Fruit Cocktail
100% Fruit Juice

2

Egg Bagel (Cheese Optional)

Banana
Applesauce
100% Fruit Juice

3

Pancakes & Syrup

Orange Wedges
Raisins
100% Fruit Juice

4

Sausage Breakfast Pizza

Assorted Fresh Fruit
Diced Peaches
100% Fruit Juice

7

Whole Grain Powdered Sugar Donut

Orange Wedges
Diced Pears
100% Fruit Juice

8

NO SCHOOL Parent Teacher Conferences

9

Whole Grain Muffin w/ String Cheese

Banana
Applesauce
100% Fruit Juice

10

Turkey Pancake Wrap w/ Syrup

Orange Wedges
Raisins
100% Fruit Juice

11

Glazed Cinnamon Roll OR Apple Orange Yogurt Smoothie

Assorted Fresh Fruit
Diced Peaches

14

Whole Grain Cinnamon Sugar Donut

Orange Wedges
Diced Pears
100% Fruit Juice

15

Sausage Bagel (Cheese Optional)

Apple Wedges
Fruit Cocktail
100% Fruit Juice

16

Sausage Breakfast Pizza

Banana
Applesauce
100% Fruit Juice

17

Whole Grain Muffin w/ String Cheese

Orange Wedges
Raisins
100% Fruit Juice

18

Pancakes & Syrup

Assorted Fresh Fruit
Diced Peaches
100% Fruit Juice

21

Whole Grain Glazed Donut

Orange Wedges
Diced Pears
100% Fruit Juice

22

Egg Bagel (Cheese Optional)

Apple Wedges
Fruit Cocktail
100% Fruit Juice

23

NO SCHOOL Thanksgiving Break

24

NO SCHOOL Thanksgiving Break

25

NO SCHOOL Thanksgiving Break

28

Whole Grain Powdered Sugar Donut

Orange Wedges
Diced Pears
100% Fruit Juice

29

Turkey Pancake Wrap w/ Syrup

Apple Wedges
Fruit Cocktail
100% Fruit Juice

30

Whole Grain Muffin w/ String Cheese

Banana
Applesauce
100% Fruit Juice

Grab & Go Options (Pick Up to 2 Items)...

Choose Between Assortments of the Following: Assorted Cereals, Pop Tarts, Cinnamon Toast, ½ Bagel w/ Cream Cheese, Assorted Graham Crackers, Oatmeal Bars, NutriGrain Bars, Hardboiled Eggs, String Cheese, & Strawberry Banana Yogurt

More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate
All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

PRICING: Paid - \$1.50 (\$7.50 weekly), Reduced - \$0.30 (\$1.50 weekly), Adult - \$1.80 (\$9.00 weekly)

Menus are subject to change without notice.

This institution is an equal opportunity provider.

