



GCCS Elementary Breakfast in the Classroom Menu October 2016

<p>3</p> <p>NO SCHOOL Interession Fall Break</p>	<p>4</p> <p>NO SCHOOL Interession Fall Break</p>	<p>5</p> <p>NO SCHOOL Interession Fall Break</p>	<p>6</p> <p>NO SCHOOL Interession Fall Break</p>	<p>7</p> <p>NO SCHOOL Interession Fall Break</p>
<p>10</p> <p>NO SCHOOL Fall Break</p>	<p>11</p> <p>NO SCHOOL Fall Break</p>	<p>12</p> <p>NO SCHOOL Fall Break</p>	<p>13</p> <p>NO SCHOOL Fall Break</p>	<p>14</p> <p>NO SCHOOL Fall Break</p>
<p>17</p> <p>On the Go Cereal</p> <p>Apple Wedges 100% Fruit Juice</p>	<p>18</p> <p>Whole Grain Muffin w/ Cheese Stick</p> <p>Banana 100% Fruit Juice</p>	<p>19</p> <p>Ultimate Breakfast Round – Chocolate Chip</p> <p>Raisins 100% Fruit Juice</p>	<p>20</p> <p>Mini Cinnamon Rolls</p> <p>Apple Wedges 100% Fruit Juice</p>	<p>21</p> <p>Egg & Cheese Breakfast Sandwich</p> <p>Assorted Fresh Fruit 100% Fruit Juice</p>
<p>24</p> <p>On the Go Cereal</p> <p>Apple Wedges 100% Fruit Juice</p>	<p>25</p> <p>NutriGrain Bar w/ Cheese Stick</p> <p>Banana 100% Fruit Juice</p>	<p>26</p> <p>Whole Grain PopTart</p> <p>Raisins 100% Fruit Juice</p>	<p>27</p> <p>Mini Maple Pancakes</p> <p>Apple Wedges 100% Fruit Juice</p>	<p>28</p> <p>Turkey Pancake Wrap</p> <p>Assorted Fresh Fruit 100% Fruit Juice</p>
<p>31</p> <p>On the Go Cereal</p> <p>Apple Wedges 100% Fruit Juice</p>				

Breakfast in the Classroom Menu is followed at:
Northaven*, Parkwood*, Pleasant Ridge, Spring Hill*,
Thomas Jefferson, and Wilson*

*Indicates Free Breakfast

Breakfast Pricing: Paid - \$1.50, Reduced - \$0.30, Adult - \$1.80

More info...

Milk Offered Daily – Choose Between Non-Fat White, 1% White or Skim Chocolate
All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.