



2016

September

NWMHS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>29 Hot Ham & Cheese Sdw Bacon Cheeseburger Ham Chef Salad Ham & Cheddar Wrap Meat Lover's Pizza Baked Beans, Potato Wedges, Broccoli, Garden Salad, Apple, Sliced Pears</p>	<p>30 Country Fried Steak w/ Dinner Roll Popcorn Chicken & Roll All American Salad Turkey & Cheese Sub Vegetable Pizza Mashed Potatoes & Gravy, French Fries, Baby Carrots, Garden Salad, Banana, Fruit Cocktail</p>	<p>31 Chicken Fried Rice Grilled Cheese Sandwich Italian Ham Salad All American Sub Taco Pizza Steamed Carrots, Baked Potato, Garden Salad, Cucumber Slices, Orange Wedges, Diced Peaches</p>	<p>1 Chicken Nuggets, Roll w/ Sriracha Ranch Cheeseburger Hummus & Veggie Plate Ham & Cheddar Sub Buffalo Chicken Pizza Green Peas, French Fries, Celery Sticks, Garden Salad, Apples, Applesauce</p>	<p>2 Country Fried Steak Sandwich Melt Chicken Caesar Salad Ham & Cheese Wrap Papa John's Pizza Green Beans, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears</p>	<p>Daily Options:</p> <p>Corner Crust ORIGINAL PIZZA</p> <p>Made From Scratch Cheese or Pepperoni Pizza Specialty Pizzas Plain & Spicy Chicken Patty Sandwich</p> <p>Made To Order Options:</p> <p>NEW</p> <p>Pasta Bar Monday</p> <p>Custom Bros. GRILL CO.</p> <p>Burger Bar Tuesday</p> <p>GREEN STREET DELI</p> <p>Deli Bar Wednesday</p> <p>TORTILLA</p> <p>Mexican Bar Thursday</p>
<p>5 NO SCHOOL Labor Day</p>	<p>6 Italian Meatball Sub Chicken Tenders w/ Roll Chicken Baja Salad Turkey & Cheese Sub Chicken Parm Pizza Steamed Carrots, French Fries, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail</p>	<p>7 Baked Spaghetti w/ Garlic Toast Fish Sticks w/ Roll Ham Chef Salad Ham & Cheese Sub BBQ Chicken Pizza Green Beans, Baked Potato, Celery Sticks, Garden Salad, Orange Wedges, Diced Peaches</p>	<p>8 Popcorn Chicken, Roll w/ Chipotle Ketchup Cheeseburger Buffalo Chicken Salad Turkey & Chs Wrap Meat Lover's Pizza Baked Beans, Mashed Potatoes, Baby Carrots, Garden Salad, Apples, Applesauce</p>	<p>9 BBQ Pork Riblet Sub Popcorn Chicken Salad Ham & Provolone Wrap Papa John's Pizza Peas & Carrots, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears</p>	
<p>12 Cheese Pizza Stick w/ Marinara Sauce Bacon Cheeseburger All American Salad Turkey & Cheese Sub Meat Lover's Pizza Seasoned Refried Beans Potato Wedges, Broccoli, Garden Salad, Apple, Sliced Pears</p>	<p>13 Salisbury Steak w/ Brown Gravy & Roll Popcorn Chicken & Roll Chicken Caesar Salad Ham & Cheese Sdw Vegetable Pizza Green Beans, Mashed Potatoes & Gravy, Baby Carrots, Garden Salad, Banana, Fruit Cocktail</p>	<p>14 Corn Dog Grilled Cheese Sandwich Ham Chef Salad Ham, Turkey & Chs Wrap Sausage Pizza Steamed Carrots, Baked Potato, Garden Salad, Orange Wedges, Diced Peaches</p>	<p>15 Chicken Nuggets, Roll w/ Sriracha Ranch Cheeseburger Italian Ham Salad Chicken Salad Wrap Buffalo Chicken Pizza Steamed Broccoli, French Fries, Celery Sticks, Garden Salad, Apples, Applesauce</p>	<p>16 BBQ Chicken Flatbread Sandwich Popcorn Chicken Salad Ham & Provolone Wrap Papa John's Pizza Golden Corn, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears</p>	
<p>19 Chicken Cordon Bleu Sandwich Bacon Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap Hawaiian Pizza Golden Corn, Potato Wedges, Cherry Tomatoes, Garden Salad, Apple, Sliced Pears</p>	<p>20 BBQ Ckn Drumstick w/ Mac & Cheese/Roll Chicken Tenders w/ Roll Chicken Chef Salad Turkey & Cheese Sub Taco Pizza Campfire Beans, French Fries, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail</p>	<p>21 NO SCHOOL</p> 	<p>22 Harvest of the Month Chicken Tenders, Roll w/ Chipotle Ketchup Cheeseburger Turkey Chef Salad Chicken Salad Wrap Vegetable Pizza Mini Sweet Peppers, Green Beans, Mashed Potatoes, Carrots, Apples</p>	<p>23 Grilled Cheese & Tomato Soup All American Salad Ham & Provolone Wrap Papa John's Pizza Peas & Carrots, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears</p>	
<p>26 Pancakes & Syrup w/ Turkey Sausage Bacon Cheeseburger Hummus & Veggie Plate Ham & Cheddar Wrap Chicken Parm Pizza Glazed Carrots, Potato Wedges, Broccoli, Garden Salad, Apple, Sliced Pears</p>	<p>27 Popcorn Chicken Mashed Potato Bowl w/ Roll Chicken Bacon Ranch Flatbread Sandwich Chicken Baja Salad Turkey & Cheese Sub Meat Lover's Pizza Green Beans, Mashed Potatoes & Gravy, Baby Carrots, Garden Salad, Banana, Fruit Cocktail</p>	<p>28 Baked Spaghetti w/ Garlic Toast Grilled Cheese Sandwich Ham Chef Salad Ham & Cheddar Sub Buffalo Chicken Pizza Green Peas, Baked Potato, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches</p>	<p>29 Popcorn Chicken, Roll w/ Sriracha Ranch Cheeseburger Buffalo Chicken Salad Deli Ckn & Cheese Wrap Sausage Pizza Baked Beans, French Fries, Celery Sticks, Garden Salad, Apples, Applesauce</p>	<p>30 Birthday Celebration BBQ Pork Riblet Sub Italian Ham Salad Ham & Provolone Wrap Papa John's Pizza Peas & Carrots, French Fries, Baby Carrots, Salad, Diced Pears, Fresh Fruit, Mini Rice Krispie Treat</p>	

Create Your Meal...

FIRST: Choose Entree

SECOND: Make it a meal *choose a fruit or veggie*

From hot and seasoned to fresh and crisp, there are plenty of vegetable options to choose from. Don't forget to grab a sweet fruit as a healthy alternative to dessert.

THIRD: Grab a milk, either Fat Free flavored, 1% or skim

This institution is an equal opportunity provider.

Menus are subject to change without notice.

