



September 2016

GCCS Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Daily Options: Homemade Cheese & Pepperoni Pizza Chicken Patty Sandwich Spicy Chicken Patty Sandwich To qualify as a full lunch meal, a student <u>must</u> take ½ cup of fruit or vegetable, plus two other items. PRICING Stud. Lunch...\$2.70 Red. Lunch....\$0.40 Adult Lunch....\$3.50 2nd Entrée..... \$2.05 Milk..... \$0.55 <i>This institution is an equal opportunity provider.</i> Menus are subject to change without notice.
29 Country Fried Steak w/ Gravy & Roll Chicken Nuggets w/ Roll Ham Chef Salad <u>Buffalo Chicken Pizza</u> <u>Mashed Potatoes & Gravy</u> , Fresh Broccoli, Garden Salad, Apple, Fruit Cocktail	30 Spaghetti & Meatballs w/ Garlic Toast Made to Order Deli Bar Cheeseburger <u>Vegetable Pizza</u> <u>Green Peas</u> , <u>Baby Carrots</u> , Garden Salad, Banana, Sliced Pears	31 Cheeseburger Roletto Hot Dog on Bun Italian Salad w/ Ham <u>Meat Lover's Pizza</u> <u>Baked Beans</u> , Cucumber Slices, Orange Wedges, Garden Salad, Diced Peaches	1 Chicken Bacon Ranch Flatbread Sandwich Made to Order Nacho Bar Chicken Salad Wrap <u>BBQ Chicken Pizza</u> <u>Golden Corn</u> , Celery Sticks, Garden Salad, Apple, Applesauce	2 Fish Sticks w/ Roll Papa John's Pizza Cheeseburger <u>Ham & Cheese Sdw</u> Green Beans, <u>Baby Carrots</u> , Garden Salad, Fresh Fruit, Diced Pears	
5 NO SCHOOL Labor Day	6 Chicken Mashed Potato Bowl w/ Roll Made to Order Deli Bar Cheeseburger <u>Vegetable Pizza</u> <u>Golden Corn</u> , <u>Garden Salad</u> , Cucumber Slices, Banana, Sliced Pears	7 Baked Spaghetti w/ Garlic Toast BBQ Pork Riblet Sdw Turkey & Cheese Wrap <u>Meat Lover's Pizza</u> <u>Peas & Carrots</u> , Celery Sticks, <u>Garden Salad</u> , Orange Wedges, Diced Peaches	8 BBQ Ckn & Cheddar Flatbread Sandwich Made to Order Nacho Bar Buffalo Chicken Salad <u>BBQ Chicken Pizza</u> <u>Baked Beans</u> , <u>Baby Carrots</u> , Garden Salad, Apple, Applesauce	9 Grilled Cheese Sdw Papa John's Pizza Cheeseburger <u>Ham & Cheese Sdw</u> <u>Baked Tater Tots</u> , <u>Red pepper Stripes</u> , Garden Salad, Fresh Fruit, Diced Pears	
12 French Toast Sticks w/ Turkey Sausage Chicken Nuggets w/ Roll All American Chef Salad <u>Buffalo Chicken Pizza</u> <u>Baked Tater Tots</u> , <u>Fresh Broccoli</u> , Garden Salad, Apple, Fruit Cocktail	13 Salisbury Steak w/ Gravy & Roll Made to Order Deli Bar Cheeseburger <u>Vegetable Pizza</u> <u>Mashed Potatoes & Gravy</u> , <u>Baby Carrots</u> , <u>Garden Salad</u> , Banana, Sliced Pears	14 Orange Popcorn Ckn w/ Broccoli & Fried Rice Hot Dog on Bun Ham Chef Salad <u>Meat Lover's Pizza</u> <u>Steamed Carrots</u> , Cucumber Slices, <u>Garden Salad</u> , Orange Wedges, Diced Peaches	15 Italian Meatball Flatbread Sandwich Made to Order Nacho Bar Italian Ham Salad <u>BBQ Chicken Pizza</u> <u>Steamed Broccoli</u> , Celery Sticks, <u>Garden Salad</u> , Apple, Applesauce	16 Fish Sticks w/ Roll Papa John's Pizza Cheeseburger Ham, Turkey & <u>Cheese Sandwich</u> <u>Baked Beans</u> , <u>Baby Carrots</u> , Garden Salad, Fresh Fruit, Diced Pears	
19 Cheese Pizza Sticks w/ Marinara Sauce Popcorn Chicken w /Roll Chicken Caesar Salad <u>Buffalo Chicken Pizza</u> Green Beans, <u>Cherry Tomatoes</u> , Garden Salad, Apple, Fruit Cocktail	20 Ckn & Cheese Pasta Bake w/ Garlic Toast Made to Order Deli Bar Cheeseburger <u>Vegetable Pizza</u> <u>Steamed Carrots</u> , Cucumber Slices, <u>Garden Salad</u> , Banana, Sliced Pears	21 NO SCHOOL	22 Harvest of the Month Chicken Bacon Ranch Flatbread Sandwich Made to Order Nacho Bar Turkey & Cheese Wrap <u>BBQ Chicken Pizza</u> <u>Mini Sweet Peppers</u> , <u>Golden Corn</u> , <u>Baby Carrots</u> , Garden Salad, Apple, Applesauce	23 Grilled Ham & Cheese Sandwich Papa John's Pizza Cheeseburger All American Chef Salad <u>Baked Beans</u> , <u>Red pepper Stripes</u> , Garden Salad, Fresh Fruit, Diced Pears	
26 Pancakes w/ Turkey Sausage Chicken Nuggets w/ Roll Turkey Chef Salad <u>Buffalo Chicken Pizza</u> <u>Baked Tater Tots</u> , <u>Fresh Broccoli</u> , Garden Salad, Apple, Fruit Cocktail	27 BBQ Ckn Drumstick w/ Biscuit Made to Order Deli Bar Cheeseburger <u>Vegetable Pizza</u> Green Beans, <u>Baby Carrots</u> , Garden Salad, Banana, Sliced Pears	28 Chicken Pot Pie Hot Dog on Bun Ham Chef Salad <u>Meat Lover's Pizza</u> <u>Green Peas</u> , Cucumber Slices, <u>Garden Salad</u> , Orange Wedges, Diced Peaches	29 Chicken Parmesan Flatbread Sandwich Made to Order Nacho Bar Buffalo Chicken Salad <u>BBQ Chicken Pizza</u> <u>Steamed Broccoli</u> , Celery Sticks, <u>Garden Salad</u> , Apple, Applesauce	30 Birthday Celebration Breaded Fish Sdw Papa John's Pizza Cheeseburger <u>Italian Ham Salad</u> <u>Baked Beans</u> , <u>Baby Carrots</u> , Garden Salad, Fresh Fruit, Diced Pears, Mini Rice Krispie Treat	

Did You Know...?

We offer **breakfast** every single day! From cinnamon rolls to eggs, cereal to sausage bagel sandwiches, we are sure to offer something you or your child will love! Menus are posted online.

BREAKFAST PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$1.80

