

2016 September

GCCS BREAKFAST IN THE CLASSROOM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29 Assorted Whole Grain Cereal Fresh Apple Wedges	30 Strawberry Nutri-Grain Bar w/ Cheese Stick Fresh Banana	31 Whole Grain PopTart Raisins	1 Cherry Frudel Fresh Apple Wedges	2 Cheesy Egg Breakfast Sandwich Assorted Fresh Fruits	Available Daily: -- 100% Juice -- Fat Free Flavored or Plain Milk -- 1% Milk All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains. To qualify as a full meal, a student <u>must</u> take a fruit with breakfast. <i>This institution is an equal opportunity provider.</i>
5 NO SCHOOL Labor Day	6 Yogurt & Choice of Graham Crackers Fresh Banana	7 French Toast Crunchmania Graham Crackers Raisins	8 Mini Cream Cheese Bagels Fresh Apple Wedges	9 Turkey Sausage Pancake on a Stick Assorted Fresh Fruits	
12 Assorted Whole Grain Cereal Fresh Apple Wedges	13 Blueberry or Chocolate Chip Muffin w/ Cheese Stick Fresh Banana	14 Ultimate Breakfast Round Raisins	15 Mini Cinnamon Rolls Fresh Apple Wedges	16 Cheesy Egg Breakfast Sandwich Assorted Fresh Fruits	
19 Assorted Whole Grain Cereal Fresh Apple Wedges	20 Strawberry Nutri-Grain Bar w/ Cheese Stick Fresh Banana	21 NO SCHOOL	22 Maple Mini Pancakes Fresh Apple Wedges	23 Turkey Sausage Pancake on a Stick Assorted Fresh Fruits	
26 Assorted Whole Grain Cereal Fresh Apple Wedges	27 Blueberry or Chocolate Chip Muffin w/ Cheese Stick Fresh Banana	28 Cinnamon Bun Crunchmania Graham Crackers Raisins	29 Blueberry Bash Mini Waffles Fresh Apple Wedges	30 Mini Cinnamon Rolls Assorted Fresh Fruits	

Greater Clark Elementary Breakfast in the Classroom Menu



Schools Following This Menu: Spring Hill*, Northaven*, Parkwood*, Wilson*, Pleasant Ridge, Thomas Jefferson

*Free Breakfast!

Menus are subject to change without notice.

