



2016 September

JHS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 BBQ Pork Riblet Sdw Bacon Cheeseburger All American Salad Ham & Provolone Wrap <u>Papa John's Pizza</u> Baked Beans, Broccoli, Garden Salad, Apple, Pineapple Chunks	30 Spaghetti & Meatballs w/ Garlic Toast Provolone Cheeseburger Italian Ham Salad Chicken Salad Wrap <u>Meat Lover's Pizza</u> Green Beans, Baby Carrots, Garden Salad, Banana, Fruit Cocktail	31 Chicken Soft Taco Cheddar Cheeseburger Baja Chicken Salad Turkey & Cheddar Sub <u>Buffalo Chicken Pizza</u> Steamed Carrots, Garden Salad, Cucumber Slices, Orange Wedges, Diced Peaches	1 Country Fried Steak w/ Mashed Potatoes & Country Gravy Swiss Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap <u>Sausage Pizza</u> Golden Corn, Celery Sticks, Garden Salad, Apples, Applesauce	2 Buffalo Chicken Sdw Pepperjack Burger Popcorn Chicken Salad Ham & Swiss Sub <u>Chicken Parm Pizza</u> Green Peas, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears
5 NO SCHOOL Labor Day	6 Salisbury Steak w/ Mashed Potatoes, Brown Gravy & Roll Provolone Cheeseburger Italian Ham Salad Chicken Salad Wrap <u>Meat Lover's Pizza</u> Golden Corn, Sliced Cucumber, Garden Salad, Banana, Fruit Cocktail	7 Chicken Bacon Ranch Flatbread Sandwich Cheddar Cheeseburger Hummus Veggie Plate Turkey & Cheddar Sub <u>Buffalo Chicken Pizza</u> Steamed Carrots, Celery Sticks, Garden Salad, Orange Wedges, Diced Peaches	8 French Toast Sticks w/ Turkey Sausages & Baked Tater Tots Swiss Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap <u>Sausage Pizza</u> Green Beans, Baby Carrots, Garden Salad, Apples, Applesauce	9 Breaded Fish Melt Pepperjack Burger Popcorn Chicken Salad Ham & Swiss Sub <u>BBQ Chicken Pizza</u> Peas & Carrots, Baby Carrots Garden Salad, Fresh Fruit, Diced Pears
12 Cheese Pizza Stick w/ Marinara Sauce Bacon Cheeseburger All American Salad Ham & Provolone Wrap <u>Papa John's Pizza</u> Baked Beans, Broccoli, Garden Salad, Apple, Pineapple Chunks	13 Italian Meatball Sub Provolone Cheeseburger Italian Ham Salad Chicken Salad Wrap <u>Meat Lover's Pizza</u> Green Beans, Baby Carrots, Garden Salad, Banana, Fruit Cocktail	14 Popcorn Ckn Mashed Potato Bowl & Roll Cheddar Cheeseburger Baja Chicken Salad Turkey & Cheddar Sub <u>Buffalo Chicken Pizza</u> Steamed Carrots, Sliced Cucumber, Garden Salad, Orange Wedges, Diced Peaches	15 Baked Spaghetti w/ Garlic Toast Swiss Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap <u>Sausage Pizza</u> Golden Corn, Celery Sticks, Garden Salad, Apples, Applesauce	16 Fish Sticks w/ Roll Pepperjack Burger Popcorn Chicken Salad Ham & Swiss Sub <u>Chicken Parm Pizza</u> Steamed Broccoli, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears
19 Chicken Cordon Bleu Sandwich Bacon Cheeseburger All American Salad Ham & Provolone Wrap <u>Papa John's Pizza</u> Steamed Carrots, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks	20 Breaded Buffalo Chicken & Ranch Wrap Provolone Cheeseburger Italian Ham Salad Chicken Salad Wrap <u>Meat Lover's Pizza</u> Golden Corn, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail	21 NO SCHOOL 	22 Harvest of the Month Country Fried Steak Sandwich Melt Swiss Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap <u>Sausage Pizza</u> Mini Sweet Peppers Green Beans, Baby Carrots, Garden Salad, Apples, Applesauce	23 Grilled Ham & Cheese Sandwich Pepperjack Burger Popcorn Chicken Salad Ham & Swiss Sub <u>Hawaiian Pizza</u> Green Peas, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears
26 Cheese Pizza Stick w/ Marinara Sauce Bacon Cheeseburger All American Salad Ham & Provolone Wrap <u>Papa John's Pizza</u> Green Beans, Broccoli, Garden Salad, Apple, Pineapple Chunks	27 BBQ Chicken Drumstick & Biscuit Provolone Cheeseburger Italian Ham Salad Chicken Salad Wrap <u>Meat Lover's Pizza</u> California Blend Veggies, Baby Carrots, Garden Salad, Banana, Fruit Cocktail	28 Chicken Pot Pie Cheddar Cheeseburger Baja Chicken Salad Turkey & Cheddar Sub <u>Buffalo Chicken Pizza</u> Peas & Carrots, Cucumber Slices, Garden Salad, Oranges, Diced Peaches	29 Oven Roasted Turkey w/ Mashed Potatoes, Brown Gravy & Roll Swiss Cheeseburger Chicken Caesar Salad Ham & Provolone Wrap <u>Sausage Pizza</u> Green Peas, Cherry Tomatoes, Garden Salad, Apples, Applesauce	30 Birthday Celebration Corn Dog Pepperjack Burger Popcorn Chicken Salad Ham & Swiss Sub <u>BBQ Chicken Pizza</u> Baked Beans, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears, Mini Rice Krispie Treat

Available Daily:



Cheese or Pepp Pizza
 Rotating Specialty
 Pizzas
 Dinner Roll



Cheeseburger
 Chicken Patty Sdw
 Chicken Tenders (TR)
 Popcorn Chicken



This institution is an equal opportunity provider.

Create Your Meal...

FIRST: Choose Entree

SECOND: Make it a meal *choose a fruit or veggie*

From hot and seasoned to fresh and crisp, there are plenty of vegetable options to choose from. Don't forget to grab a sweet fruit as a healthy alternative to dessert.

THIRD: Grab a milk, either Fat Free flavored, 1% or skim



Menus are subject to change without notice.

