



2016 September

High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Whole Grain Donut OR Banana Chocolate Breakfast Bar Orange Slices Diced Pears	30 Sausage Biscuit Sandwich Fresh Banana Mixed Fruit Cocktail	31 Blueberry or Chocolate Chip Muffin Orange Slices Applesauce	1 Turkey Pancake Wrap & Syrup Fresh Apple Wedges Raisins	2 Orange Glazed Cinnamon Roll Assorted Fresh Fruit Diced Peaches
5 NO SCHOOL Labor Day	6 Sausage Bagel Sandwich Fresh Banana Mixed Fruit Cocktail	7 Sausage Breakfast Pizza Orange Slices Applesauce	8 Blueberry or Chocolate Chip Muffin Fresh Apple Wedges Raisins	9 Orange Glazed Cinnamon Roll Assorted Fresh Fruit Diced Peaches
12 Whole Grain Donut OR Banana Chocolate Breakfast Bar Orange Slices Diced Pears	13 Egg Bagel Sandwich Fresh Banana Mixed Fruit Cocktail	14 Pancakes w/ Syrup & Bacon Orange Slices Applesauce	15 Orange Glazed Cinnamon Roll Fresh Apple Wedges Raisins	16 Cheesy Ham Biscuit Sandwich Assorted Fresh Fruit Diced Peaches
19 Whole Grain Donut OR Oatmeal Chocolate Breakfast Bar Orange Slices Diced Pears	20 Turkey Pancake Wrap & Syrup Fresh Banana Mixed Fruit Cocktail	21 NO SCHOOL	22 Cherry Frudel Fresh Apple Wedges Raisins	23 French Toast Sticks w/ Syrup Assorted Fresh Fruit Diced Peaches
26 Whole Grain Donut OR Oatmeal Chocolate Breakfast Bar Fresh Orange Sliced Pears	27 Orange Glazed Cinnamon Roll Fresh Banana Mixed Fruit Cocktail	28 Egg Bagel Sandwich Orange Slices Applesauce	28 Pancakes w/ Syrup & Bacon Fresh Apple Wedges Raisins	30 Sausage Breakfast Pizza Assorted Fresh Fruit Diced Peaches

More Info...

Available Daily

- 100% Juice
- Fat Free Flavored or Plain Milk
- 1% Milk
- Grape Jelly
- Margarine

Daily Grab & Go Options (Pick Up To Two)

- Assorted Cereals
- WG Pop Tarts
- Cinnamon Toast
- Half Bagel + Cr. Chs
- Animal Crackers
- Elf Grahams
- Scooby Snacks
- NutriGrain Bars
- Oatmeal Bar
- Peanut Butter
- Hardboiled Egg
- String Cheese
- Strawberry
- Banana Yogurt

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains

To qualify as a full meal, a student must take a fruit with breakfast.

This institution is an equal opportunity provider.

PRICING: Paid - \$1.50 (\$7.50 weekly), Reduced - \$0.30 (\$1.50 weekly), Adult - \$1.80 (\$9.00 weekly)



Schools Following This Menu:

New Washington Middle/High, Charlestown High, Jeffersonville High

Menus are subject to change without notice.

