



July/August 2016

GCCS Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	 <p>Join us each Friday during the Olympics for a special Olympic themed treat</p>		28 Chicken Bacon Ranch Flatbread Sandwich Made to Order Nacho Bar Chicken Salad Wrap BBQ Chicken Pizza Golden Corn, Celery Sticks, Garden Salad, Apple, Diced Peaches	29 Fish Sticks w/ Roll Papa John's Pizza Cheeseburger Ham & Cheese Sdw Green Beans, Baby Carrots, Garden Salad, Fresh Fruit, Fruit Cocktail	Special News... Daily Options: Homemade Cheese & Pepperoni Pizza Chicken Patty Sandwich Spicy Chicken Patty Sandwich To qualify as a full lunch meal, a student <u>must</u> take ½ cup of fruit or vegetable, plus two other items. PRICING Stud. Lunch...\$2.70 Red. Lunch....\$0.40 2nd Entrée..... \$2.00 Milk..... \$0.55 <i>This institution is an equal opportunity provider.</i> Menus are subject to change without notice.
1 Italian Meatball Sub Popcorn Chicken w /Roll All American Chef Salad Buffalo Chicken Pizza Steamed Carrots, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks	2 Chicken Mashed Potato Bowl w/ Roll Made to Order Deli Bar Cheeseburger Vegetable Pizza Golden Corn, Garden Salad, Cucumber Slices, Banana, Diced Pears	3 Baked Spaghetti w/ Garlic Toast BBQ Pork Riblet Sdw Turkey & Cheese Wrap Meat Lover's Pizza Peas & Carrots, Celery Sticks, Garden Salad, Orange Wedges, Applesauce	4 BBQ Ckn & Cheddar Flatbread Sandwich Made to Order Nacho Bar Buffalo Chicken Salad BBQ Chicken Pizza Baked Tater Tots, Baby Carrots, Salad, Apple, Diced Peaches	5 GO USA! Grilled Cheese Sdw Papa John's Pizza Cheeseburger Ham & Cheese Sdw Baked Beans, Red pepper Stripes, Garden Salad, Fruit Cocktail, Red White & Blue Fruit Salad	
8 French Toast Sticks w/ Turkey Sausage Chicken Nuggets w/ Roll All American Chef Salad Buffalo Chicken Pizza Baked Tater Tots, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks	9 Salisbury Steak w/ Gravy & Roll Made to Order Deli Bar Cheeseburger Vegetable Pizza Mashed Potatoes & Gravy, Baby Carrots, Garden Salad, Banana, Diced Pears	10 Orange Popcorn Ckn w/ Broccoli & Fried Rice Hot Dog on Bun Ham Chef Salad Meat Lover's Pizza Steamed Carrots, Cucumber Slices, Garden Salad, Orange Wedges, Applesauce	11 Italian Meatball Flatbread Sandwich Made to Order Nacho Bar Italian Ham Salad BBQ Chicken Pizza Steamed Broccoli, Celery Sticks, Garden Salad, Apple, Diced Peaches	12 GO USA! Fish Sticks w/ Roll Papa John's Pizza Cheeseburger Ham, Turkey & Cheese Sandwich Baked Beans, Baby Carrots, Garden Salad, Fruit Cocktail, Red White & Blue Fruit Salad	
15 Cheese Pizza Sticks w/ Marinara Sauce Popcorn Chicken w /Roll Chicken Caesar Salad Buffalo Chicken Pizza Golden Corn, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks	16 Ckn & Cheese Pasta Bake w/ Garlic Toast Made to Order Deli Bar Cheeseburger Vegetable Pizza Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Diced Pears	17 BBQ Pork Riblet Sdw Corn Dog Italian Ham Salad Meat Lover's Pizza Baked French Fries, Celery Sticks, Garden Salad, Orange Wedges, Applesauce	18 Harvest of the Month Chicken Bacon Ranch Flatbread Sandwich Made to Order Nacho Bar Turkey & Cheese Wrap BBQ Chicken Pizza Fresh Green Beans, Baby Carrots, Garden Salad, Apple, Diced Peaches	19 GO USA! Grilled Ham & Cheese Sandwich Papa John's Pizza Cheeseburger All American Chef Salad Baked Beans, Red pepper Stripes, Garden Salad, Fruit Cocktail, Red White & Blue Fruit Salad	
22 Pancakes w/ Turkey Sausage Chicken Nuggets w/ Roll Turkey Chef Salad Buffalo Chicken Pizza Baked Tater Tots, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks	23 BBQ Ckn Drumstick w/ Biscuit Made to Order Deli Bar Cheeseburger Vegetable Pizza Green Beans, Baby Carrots, Garden Salad, Banana, Diced Pears	24 Chicken Pot Pie Hot Dog on Bun Ham Chef Salad Meat Lover's Pizza Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Applesauce	25 Chicken Parmesan Flatbread Sandwich Made to Order Nacho Bar Buffalo Chicken Salad BBQ Chicken Pizza Steamed Broccoli, Celery Sticks, Garden Salad, Apple, Diced Peaches	26 Birthday Celebration Breaded Fish Sdw Papa John's Pizza Cheeseburger Italian Ham Salad Baked Beans, Baby Carrots, Garden Salad, Fresh Fruit, Fruit Cocktail, Mini Rice Krispie Treat	

Did You Know...?

We offer **breakfast** every single day! From cinnamon rolls to eggs, cereal to sausage bagel sandwiches, we are sure to offer something you or your child will love! Menus are posted online.

BREAKFAST PRICING: Paid - \$1.50, Reduced - \$0.30

