



2016 July/August

GCCS Elementary Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	<p>Join us each Friday during the Olympics for a special Olympic themed treat</p>				<p>28 Country Fried Steak w/ Gravy & Roll Chicken Nuggets w/ Roll <u>Chicken Salad Wrap</u> Baked Beans, Celery Sticks, Garden Salad, Apple, Diced Peaches</p>	<p>29 Grilled Cheese Sandwich Pepperoni Pizza Ham Chef Salad w/ Roll <u>Steamed Carrots, Red Pepper Strips, Garden Salad</u>, Fresh Fruit, Fruit Cocktail</p>	<p>More Info...</p> <p>Available Daily: -Peanut Butter & Jelly Sandwich -Skim Milk -Chocolate Skim Milk -1% Milk -100% Juice</p> <p>All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.</p> <p>To qualify as a full lunch meal, a student <u>must</u> take a fruit or vegetable, plus two other items.</p> <p><i>This institution is an equal opportunity provider.</i></p> <p style="text-align: center;">Lunch Pricing</p> <p>Paid.....\$2.45 Reduced..... \$0.40 Milk.....\$0.55</p>
<p>1 BBQ Pork Riblet Sdw Chicken Patty Sdw <u>Popcorn Ckn Salad w/ Roll</u> Steamed Carrots, Cherry Tomatoes, Garden Salad, Apples, Pineapple Chunks</p>	<p>2 Chicken Mashed Potato Bowl w/ Roll Cheeseburger Baja Chicken Salad w/ Tortilla Chips Golden Corn, Cucumber Slices, Garden Salad, Banana, Diced Pears</p>	<p>3 Meatball Pizza Sub Hot Dog on Bun <u>Turkey & Cheese Wrap</u> Baked Beans, Celery Sticks, Garden Salad, Orange Wedges, Applesauce, Dessert</p>	<p>4 French Toast Sticks w/ Turkey Sausage Chicken Nuggets w/ Roll <u>Baked Tater Tots, Baby Carrots, Garden Salad</u>, Apple, Diced Peaches</p>	<p>5 GO USA! Fish Sandwich Melt Cheese Pizza Ham, Turkey & Cheese Sandwich Roasted Broccoli, Baby Carrots, Garden Salad, Fruit Cocktail, Red White & Blue Fruit Salad</p>			
<p>8 Chicken & Rice Soup w/ Goldfish Crackers Cheeseburger <u>Beef Nacho Salad</u> Peas & Carrots, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks</p>	<p>9 Beef & Cheese Quesadilla Chicken Patty Sdw Ham, Turkey & Egg Chef Salad w/ Roll Seasoned Refried Beans, Baby Carrots, Garden Salad, Banana, Diced Pears</p>	<p>10 Orange Popcorn Ckn w/ Broccoli & Fried Rice Hot Dog on Bun <u>Turkey & Cheese Sdw</u> Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Applesauce, Dessert</p>	<p>11 Chicken & Noodles w/ Garlic Toast Chicken Nuggets w/ Roll <u>Ham & Cheese Wrap</u> Green Beans, Celery Sticks, Garden Salad, Apple, Diced Peaches</p>	<p>12 GO USA! Fish Sticks w/ Roll Pepperoni Pizza Ham, Turkey & Cheese Sandwich <u>Baked French Fries, Baby Carrots, Garden Salad</u>, Fruit Cocktail, Red White & Blue Fruit Salad</p>			
<p>15 Beef Nachos Popcorn Chicken w/ Roll <u>Chicken Caesar Salad</u> Golden Corn, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks</p>	<p>16 Cheese Pizza Sticks w/ Marinara Sauce Chicken Patty Sdw <u>Ham & Cheese Wrap</u> Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Diced Pears</p>	<p>17 Salisbury Steak w/ Roll & Brown Gravy Cheeseburger <u>Turkey & Cheese Sdw</u> Mashed Potatoes & Gravy, Celery Stick, Garden Salad, Orange Wedges, Applesauce, Dessert</p>	<p>18 Harvest of the Month Baked Spaghetti w/ Garlic Toast Chicken Nuggets w/ Roll <u>Italian Ham Salad w/ Roll</u> Fresh Green Beans, Baby Carrots, Romaine Salad, Diced Peaches</p>	<p>19 GO USA! BBQ Pork Riblet Sdw Cheese Pizza <u>Ham & Turk Chef Salad</u> Campfire Beans, Baby Carrots, Garden Salad, Fruit Cocktail, Red White & Blue Fruit Salad</p>			
<p>22 Pancakes & Syrup w/ Turkey Sausage Cheeseburger <u>Chicken Caesar Salad</u> Baked Tater Tots, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks</p>	<p>23 Corn Dog Chicken Patty Sdw <u>Turkey & Cheese Sdw</u> Baked Beans, Green Beans, Baby Carrots, Garden Salad, Banana, Diced Pears</p>	<p>24 BBQ Ckn Drumsticks w/ Biscuit Hot Dog on Bun <u>Ham & Cheese Sdw</u> Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Applesauce, Dessert</p>	<p>25 Mexican Lasagna w/ Tortilla Chips Popcorn Chicken w/ Roll <u>Buffalo Chicken Salad</u> Golden Corn, Celery Sticks, Garden Salad, Apple, Diced Peaches</p>	<p>26 Birthday Celebration Grilled Cheese & Tomato Soup Pepperoni Pizza <u>Beef Nacho Salad</u> Peas & Carrots, Baby Carrots, Garden Salad, Fresh Fruit, Fruit Cocktail, Mini Rice Krispie Treat</p>			

Elementary Lunch Menu

Did You Know...

We offer breakfast every single day! From pancakes to eggs, cereal to sausage biscuits, we are sure to offer something your child will love! Menus are posted online and sent home monthly.

PRICING: Paid - \$1.50, Reduced - \$0.30



Menus are subject to change without notice.

