

2016 July/August

GCCS BREAKFAST IN THE CLASSROOM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			28 Mini Cinnamon Rolls Fresh Apple Wedges	29 Cherry Frudel Assorted Fresh Fruits	Available Daily: -- 100% Juice -- Fat Free Flavored or Plain Milk -- 1% Milk All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains. To qualify as a full meal, a student <u>must</u> take a fruit with breakfast. <i>This institution is an equal opportunity provider.</i>
1 Assorted Whole Grain Cereals Fresh Apple Wedges	2 Yogurt & Choice of Graham Crackers Fresh Banana	3 French Toast Crunchmania Graham Crackers Raisins	4 Mini Cream Cheese Bagels Fresh Apple Wedges	5 Ultimate Breakfast Round Assorted Fresh Fruits	
8 Assorted Whole Grain Cereals Fresh Apple Wedges	9 Blueberry or Chocolate Chip Muffin w/ Cheese Stick Fresh Banana	10 Crunchmania Graham Crackers Raisins	11 Mini Cinnamon Rolls Fresh Apple Wedges	12 Sausage & Cheese Breakfast Sandwich Assorted Fresh Fruits	
15 Assorted Whole Grain Cereals Fresh Apple Wedges	16 Strawberry Nutri-Grain Bar w/ Cheese Stick Fresh Banana	17 Whole Grain PopTart Raisins	18 Maple Mini Pancakes Fresh Apple Wedges	19 Turkey Sausage Pancake on a Stick Assorted Fresh Fruits	
22 Assorted Whole Grain Cereals Fresh Apple Wedges	23 Blueberry or Chocolate Chip Muffin w/ Cheese Stick Fresh Banana	24 Cinnamon Bun Crunchmania Graham Crackers Raisins	25 Blueberry Bash Mini Waffles Fresh Apple Wedges	26 Sausage & Cheese Breakfast Sandwich Assorted Fresh Fruits	

Greater Clark Elementary Breakfast in the Classroom Menu



Schools Following This Menu: Spring Hill*, Bridgepoint*, Northaven*, Parkwood*, Wilson*, Pleasant Ridge, Thomas Jefferson

*Free Breakfast!

Menus are subject to change without notice.

