



2016 July/August

CHS Lunch Menu

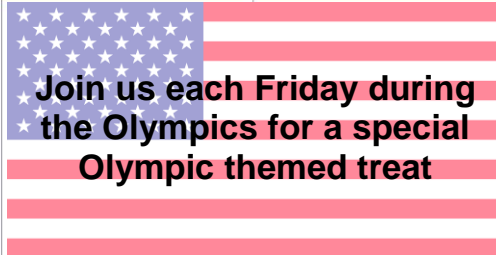
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Chicken Bacon Ranch Flatbread Sandwich
Bacon Cheeseburger
All American Salad
Ham & Provolone Wrap
Sausage Pizza
Golden Corn, Cherry Tomatoes, Garden Salad, Apple, Sliced Pears

2
Italian Meatball Sub
Pizza Burger
Hummus & Veggie Plate
Turkey & Cheese Sub
Chicken Parm Pizza
Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail

3
BBQ Chicken Sandwich
Cheeseburger
Ham Chef Salad
Ham & Cheese Sub
Meat Lover's Pizza
Campfire Beans, Celery Sticks, Garden Salad, Orange Wedges, Diced Peaches

28
Country Fried Steak w/ Gravy & Roll
Chicken Parm Sandwich
Hummus & Veggie Plate
Ham & Cheddar Sub
Buffalo Chicken Pizza
Mashed Potatoes & Gravy, Celery Sticks, Garden Salad, Apples, Applesauce

4
French Toast Sticks & Turkey Sausage
Chicken Club Melt
Buffalo Chicken Salad
Turkey & Chs Wrap
Buffalo Chicken Pizza
Green Beans, Baby Carrots, Garden Salad, Apples, Applesauce

29
BBQ Pork Riblet Sdw
Pesto Cheeseburger
Chicken Caesar Salad
Ham & Cheese Wrap
Papa John's Pizza
Green Beans, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears

5 GO USA!
Grilled Cheese Sdw
Bacon Cheeseburger
Popcorn Chicken Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, Baby Carrots, Garden Salad, Diced Pears, Red White & Blue Fruit Salad

8
Cheese Pizza Stick w/ Marinara Sauce
Crispy Sriracha Burger
All American Salad
Turkey & Cheese Sub
Sausage Pizza
Seasoned Refried Beans, Broccoli, Garden Salad, Apple, Sliced Pears

9
Salisbury Steak w/ Mashed Potatoes
Brown Gravy & Roll
Pizza Burger
Chicken Caesar Salad
Ham & Cheese Sub
BBQ Chicken Pizza
Green Beans, Baby Carrots, Garden Salad, Banana, Fruit Cocktail

10
Orange Broccoli Chkn w/ Veggie Fried Rice
Bacon Cheeseburger
Ham Chef Salad
Ham, Turkey & Chs Wrap
Meat Lover's Pizza
Steamed Carrots, Garden Salad, Orange Wedges, Diced Peaches

11
Baked Spaghetti w/ Garlic Toast
Chicken Parm Sandwich
Italian Ham Salad
Turkey & Cheese Sub
Buffalo Chicken Pizza
Steamed Broccoli, Celery Sticks, Garden Salad, Apples, Applesauce

12 GO USA!
Fish Sticks w/ Roll
Pesto Cheeseburger
Popcorn Chicken Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, Baby Carrots, Garden Salad, Diced Pears, Red White & Blue Fruit Salad

15
Chicken Cordon Bleu Sandwich
Buffalo Chicken Sdw
Chicken Caesar Salad
Ham & Provolone Wrap
Sausage Pizza
Golden Corn, Cherry Tomatoes, Garden Salad, Apple, Sliced Pears

16
Breaded Buffalo Chicken & Ranch Wrap
BBQ Pork Riblet Sdw
Chicken Chef Salad
Turkey & Cheese Sub
Chicken Parm Pizza
Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail

17
Spicy Mexican Lasagna w/ Tortilla Chips
Chicken Club Melt
Italian Ham Salad
Turkey & Cheddar Sdw
Meat Lover's Pizza
Campfire Beans, Garden Salad, Orange Wedges, Diced Peaches

18 Harvest of the Month
Chicken Bacon Ranch Flatbread Sandwich
Bacon Cheeseburger
Turkey Chef Salad
Ham & Cheese Sub
Buffalo Chicken Pizza
Fresh Green Beans, Baby Carrots, Garden Salad, Apples, Applesauce

19 GO USA!
Grilled Ham & Cheese Sandwich
Cali Chicken Patty Melt
All American Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, Baby Carrots, Garden Salad, Diced Pears, Red White & Blue Fruit Salad

22
Pancakes & Syrup w/ Turkey Sausage
Honey Mustard Ckn Melt
Hummus & Veggie Plate
Ham & Cheddar Wrap
Sausage Pizza
Steamed Carrots, Broccoli, Garden Salad, Apple, Sliced Pears

23
Orange Broccoli Chkn w/ Veggie Fried Rice
Chicken Parm Sandwich
Chicken Caesar Salad
Turkey & Cheese Sub
BBQ Chicken Pizza
Green Beans, Baby Carrots, Garden Salad, Banana, Fruit Cocktail

24
Corn Dog
BBQ Pork Riblet Sdw
Ham Chef Salad
Ham & Cheddar Sub
Meat Lover's Pizza
Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches

25
BBQ Chicken Drumstick & Biscuit
Bacon Cheeseburger
Buffalo Chicken Salad
Turkey & Cheese Wrap
Buffalo Chicken Pizza
Baked Beans, Cherry Tomatoes, Garden Salad, Apples, Applesauce

26 Birthday Celebration
Breaded Fish Melt
Pesto Cheeseburger
Italian Ham Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears, Mini Rice Krispie Treat

Available Daily:



Cheese or Pepp Pizza
Rotating Specialty Pizzas
Dinner Roll



Cheeseburger
Chicken Patty Sdw
Chicken Tenders
Popcorn Chicken



Made To Order Mexican Bar Available Mon, Wed, Fri
decide what u want
Nachos, taco, burrito
get some protein
Beef, chicken, legumes
make it pretty
Salsa, lettuce, tomato, cheese, jalapenos, etc.



Made To Order Deli Bar Available Tues, Thurs
This institution is an equal opportunity provider..

Create Your Meal...

FIRST: Choose Entree

SECOND: Make it a meal *choose a fruit or veggie*

From hot and seasoned to fresh and crisp, there are plenty of vegetable options to choose from. Don't forget to grab a sweet fruit as a healthy alternative to dessert.

THIRD: Grab a milk, either Fat Free flavored, 1% or skim



Menus are subject to change without notice.

