



March 2016

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Assorted Muffins & String Cheese Fresh Banana	2 Turkey Sausage Pancake Wrap Fresh Orange	3 Mini Cream Cheese Bagels Fresh Apple	4 Cherry Frudel OR Assorted Benefit Bars Assorted Fresh Fruit	Special News... <u>Available Daily</u> -- 100% Juice -- Fat Free Flavored or Plain Milk -- 1% Milk -- Grape Jelly -- Margarine Daily Grab & Go Options <u>(Pick Up To Two)</u> Assorted Cereal WG Pop Tart Cinnamon Toast Bagel w/ Cream Cheese Animal Crackers Elf Grahams Scooby Snacks Strawberry NutriGrain Peanut Butter Hardboiled Egg String Cheese Strawberry Banana Yogurt
7 Maple Pancakes *NEW* Cinnamon Sugar DONUT! Fresh Orange	8 Bacon & Cheese Biscuit Sandwich Fresh Banana	9 Sausage & Cheese Bagel Sandwich Fresh Orange	10 Glazed Mini Cinnamon Rolls Fresh Apple	11 Ham & Cheese Biscuit Sandwich OR Assorted Benefit Bars Assorted Fresh Fruit	
14 Sausage & Cheese Biscuit Sandwich *NEW* Powdered Sugar DONUT! Fresh Orange	15 Sausage Breakfast Pizza Fresh Banana	16 Mini Cream Cheese Bagels Fresh Orange	17 Muffin Square Fresh Apple	18 French Toast Sticks OR Assorted Benefit Bars Assorted Fresh Fruit	
21 Blueberry Bash Mini Waffle *NEW* Cinnamon Sugar DONUT! Fresh Orange	22 NO SCHOOL Spring Break Potential Snow Make-Up Day Menu: Turkey Sausage Pancake Wrap Fresh Apple	23 NO SCHOOL Spring Break Potential Snow Make-Up Day Menu: Mini Cinnamon Rolls Fresh Orange	24 NO SCHOOL Spring Break Potential Snow Make-Up Day Menu: Cherry Frudel Fresh Apple	25 NO SCHOOL Spring Break Potential Snow Make-Up Day Menu: Benefit Bar Assorted Fresh Fruit	
28 NO SCHOOL Spring Break	29 NO SCHOOL Spring Break	30 NO SCHOOL Spring Break	31 NO SCHOOL Spring Break	1 NO SCHOOL Spring Break	

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.

This institution is an equal opportunity provider.

Schools Following this Menu:

Parkview, River Valley and Charlestown Middle



To qualify as a full meal, a student must take a fruit with breakfast.