

# March 2016

## JHS Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Available Daily:</b>  Cheese or Pepp Pizza Rotating Specialty Pizzas Dinner Roll  Cheeseburger Chicken Patty Sdw Chicken Tenders (TR) Popcorn Chicken  
<b>SPINACH</b> in Green Eggs & Ham 	<b>1</b> Salisbury Steak w/ Mashed Potatoes & Gravy, Bacon Cheeseburger Italian Ham Salad Chicken Salad Wrap Meat Lover's Pizza Golden Corn, French Fries, Sliced Cucumber, Garden Salad, Banana, Fruit Cocktail	<b>2 Harvest of the Month</b> Green Eggs & Ham Frittata & Biscuit Chicken Salsa Melt Fruit, Yogurt & Cheese Plate Turkey & Cheddar Sub Buffalo Chicken Pizza Steamed Carrots, French Fries Celery, Garden Salad, Orange Wedges, Peaches	<b>3</b> French Toast Sticks & Turkey Sausage BBQ Pork Riblet Sdw Chicken Caesar Salad Ham & Provolone Wrap Sausage Pizza Green Beans, French Fries, Baby Carrots, Garden Salad, Apples, Applesauce	<b>4</b> Breaded Fish Melt Breaded Fish Sandwich Popcorn Chicken Salad Ham & Swiss Sub BBQ Chicken Pizza Peas & Carrots, French Fries, Baby Carrots Garden Salad, Fresh Fruit, Diced Pears	
<b>7</b> Chicken Carnitas Burrito Seasoned ground chicken w/ sour cream slaw Chicken Club Flatbread All American Salad Ham & Provolone Wrap Papa John's Pizza Baked Beans French Fries, Broccoli, Garden Salad, Apple, Sliced Pears	<b>8</b> Italian Meatball Sub Chicken Carnitas Burrito Italian Ham Salad Chicken Salad Wrap Meat Lover's Pizza Green Beans, French Fries, Baby Carrots, Garden Salad, Banana, Fruit Cocktail	<b>9</b> Popcorn Ckn Mashed Potato Bowl & Roll Chicken Carnitas Burrito Fruit, Yogurt & Cheese Plate Turkey & Cheddar Sub Buffalo Chicken Pizza Steamed Carrots, French Fries, Sliced Cucumber, Garden Salad, Orange Wedges, Diced Peaches	<b>10</b> Alfredo Tomato Penne w/ Garlic Toast Chicken Carnitas Burrito Chicken Caesar Salad Ham & Provolone Wrap Sausage Pizza Golden Corn, French Fries, Celery Sticks, Garden Salad, Apples, Applesauce	<b>11</b> Fish Sticks w/ Roll Chicken Carnitas Burrito Popcorn Chicken Salad Ham & Swiss Sub Chicken Parm Pizza Steamed Broccoli, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears	
<b>14</b> Korean Beef Taco Soft tacos filled with beef crumbles, cabbage and cucumber pico de gallo Chicken Club Flatbread All American Salad Ham & Provolone Wrap Papa John's Pizza Steamed Carrots, French Fries, Cherry Tomatoes, Garden Salad, Apple, Sliced Pears	<b>15</b> Breaded Buffalo Chicken & Ranch Wrap Korean Beef Taco Italian Ham Salad Chicken Salad Wrap Meat Lover's Pizza Golden Corn, French Fries, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail	<b>16</b> Oven Roasted Turkey w/ Mashed Potatoes & Gravy & Dinner Roll Korean Beef Taco Fruit, Yogurt & Cheese Plate Turkey & Cheddar Sub Buffalo Chicken Pizza Baked Beans, French Fries, Celery Sticks, Garden Salad, Oranges, Diced Peaches	<b>17</b> Country Fried Steak Sandwich Melt Korean Beef Taco Chicken Caesar Salad Ham & Provolone Wrap Sausage Pizza Green Beans, French Fries, Baby Carrots, Garden Salad, Apples, Applesauce	<b>18</b> Grilled Cheese Sandwich Korean Beef Taco Popcorn Chicken Salad Ham & Swiss Sub Hawaiian Pizza Green Peas, French Fries, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears	
<b>21</b> Birthday Celebration Cheesy Ham & Egg Pancake Melt Chicken Club Flatbread All American Salad Ham & Provolone Wrap Papa John's Pizza Tater Tots! Baby Carrots, Apple, Pears	<b>22</b> BBQ Chicken Drumstick & Biscuit Bacon Cheeseburger Italian Ham Salad Chicken Salad Wrap Meat Lover's Pizza Steamed Broccoli, French Fries, Baby Carrots, Fruit Cocktail	<b>23</b> No School Chicken Pot Pie Chicken Salsa Melt Fruit, Yogurt & Cheese Plate Turkey & Cheddar Sub Buffalo Chicken Pizza Peas & Carrots, French Fries, Baby Carrots, Diced Peaches	<b>24</b> No School Corn Dog BBQ Pork Riblet Sdw Chicken Caesar Salad Ham & Provolone Wrap Sausage Pizza Green Peas, French Fries, Baby Carrots, Applesauce	<b>25</b> No School Breaded Fish Sandwich Popcorn Chicken Salad Ham & Swiss Sub BBQ Chicken Pizza Baked Beans, French Fries, Baby Carrots, Diced Pears	
<b>28</b> NO SCHOOL Spring Break	<b>29</b> NO SCHOOL Spring Break 	<b>30</b> NO SCHOOL Spring Break 	<b>31</b> NO SCHOOL Spring Break	<b>1</b> NO SCHOOL Spring Break	

### Create Your Meal...

**FIRST:** Choose Entree

**SECOND:** Make it a meal \*choose a fruit or veggie\*

From hot and seasoned to fresh and crisp, there are plenty of vegetable options to choose from. Don't forget to grab a sweet fruit as a healthy alternative to dessert.

**THIRD:** Grab a milk, either Fat Free flavored, 1% or skim

Menus are subject to change without notice.

