

2016 March

CHS Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPINACH
in Green Eggs & Ham



1
Italian Meatball Sub
Pizza Burger
Baja Veggie Salad
Turkey & Cheese Sub
Chicken Parm Pizza
Steamed Carrots, **French Fries**, Cucumber Slices, Garden Salad, Banana, Fruit Cocktail

2 **Harvest of the Month**
Green Eggs & Ham
Frittata & Biscuit
Cheeseburger
Ham Chef Salad
Ham & Cheese Sub
Meat Lover's Pizza
Beans, **Fries**, Celery, **Salad**, Orange, Diced Peaches

3
French Toast Sticks & Turkey Sausage
Chicken Club Melt
Buffalo Chicken Salad
Deli Ckn & Chs Wrap
Buffalo Chicken Pizza
Green Beans, **French Fries**, **Baby Carrots**, Garden **Salad**, Apples, Applesauce

4
Breaded Fish Melt
Bacon Cheeseburger
Popcorn Chicken Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, **French Fries**, **Baby Carrots**, Garden **Salad**, Fresh Fruit, Diced Pears

Available Daily:




Cheese or Pepp Pizza
Rotating Specialty Pizzas
Dinner Roll


7 **Chicken Carnitas** 
Burrito *Seasoned ground chicken w/ sour cream slaw*
Crispy Sriracha Burger
All American Salad
Turkey & Cheese Sub
Sausage Pizza
Seasoned Refried Beans
French Fries, **Broccoli**, **Garden Salad**, Apple, Pears

8 **Salisbury Steak** 
w/ Brown Gravy & Roll
Chicken Carnitas Burrito
Chicken Caesar Salad
Deli Ckn & Cheese Sdw
BBQ Chicken Pizza
Green Beans, **French Fries**, **Baby Carrots**, **Garden Salad**, Banana, Fruit Cocktail


9 **Orange Broccoli Chkn** 
w/ Veggie Fried Rice
Chicken Carnitas Burrito
Ham Chef Salad
Ham, Turkey & Chs Wrap
Meat Lover's Pizza
Steamed Carrots, **French Fries**, **Garden Salad**, Orange Wedges, Diced Peaches

10 **Alfredo Tomato Penne** 
w/ Garlic Toast
Chicken Carnitas Burrito
Italian Ham Salad
Turkey & Cheese Sub
Buffalo Chicken Pizza
Steamed Broccoli, **French Fries**, Celery Sticks, **Garden Salad**, Apples, Applesauce


11 **Fish Sticks w/ Roll**
Pesto Cheeseburger
Popcorn Chicken Salad
Ham & Provolone Wrap
Papa John's Pizza
Golden Corn, **French Fries**, **Baby Carrots**, **Garden Salad**, Fresh Fruit, Diced Pears




Cheeseburger
Chicken Patty Sdw
Chicken Tenders
Popcorn Chicken

14 **Korean Beef Taco** 
Soft tacos filled with beef crumbles, cabbage and cucumber pico de gallo
Buffalo Chicken Sdw
Chicken Caesar Salad
Ham & Provolone Wrap
Sausage Pizza
Golden Corn, **Fries**, **Salad**, **Tomatoes**, Apple, Pears

15 **Breaded Buffalo Chicken & Ranch Wrap** 
Korean Beef Tacos
Chicken Chef Salad
Turkey & Cheese Sub
Chicken Parm Pizza
Steamed Carrots, **French Fries**, Cucumber Slices, **Garden Salad**, Banana, Fruit Cocktail

16 **Spicy Mexican Lasagna** 
w/ Tortilla Chips
Korean Beef Tacos
Italian Ham Salad
Turkey & Cheddar Sdw
Meat Lover's Pizza
Campfire Beans, **French Fries**, **Fries**, **Garden Salad**, Orange Wedges, Diced Peaches

17 **Chicken Bacon Ranch Flatbread Sandwich** 
Korean Beef Tacos
Turkey Chef Salad
Ham & Cheese Sub
Buffalo Chicken Pizza
Green Beans, **French Fries**, **Baby Carrots**, **Garden Salad**, Apples, Applesauce

18 **Grilled Cheese Sandwich**
Cali Chicken Patty Melt
All American Salad
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, **French Fries**, **Baby Carrots**, **Garden Salad**, Fresh Fruit, Diced Pears



Made To Order
Mexican Bar
Available Mon, Wed, Fri

21 **Birthday Celebration**
Pancakes & Syrup
w/ Turkey Sausage
Honey Mustard Ckn Melt
Ham & Cheddar Wrap
Sausage Pizza
Tater Tots!, **Golden Corn**, **Baby Carrots**, Sliced Pears

22 **Country Fried Steak w/ Mashed Potatoes & Gravy & Dinner Roll**
Chicken Parm Sandwich
Turkey & Cheese Sub
BBQ Chicken Pizza
Steamed Broccoli, **French Fries**, **Baby Carrots**, Fruit Cocktail

23 No School
Corn Dog
BBQ Pork Riblet Sdw
Ham & Cheddar Sub
Meat Lover's Pizza
Green Peas, **French Fries**, **Baby Carrots** Diced Peaches

24 No School
BBQ Chicken Drumstick & Biscuit
Bacon Cheeseburger
Deli Ckn & Cheese Wrap
Buffalo Chicken Pizza
Baked Beans, **French Fries**, **Baby Carrots** Applesauce

25 No School
Breaded Fish Melt
Pesto Cheeseburger
Ham & Provolone Wrap
Papa John's Pizza
Peas & Carrots, **French Fries**, **Baby Carrots** Diced Pears

decide what u want
Nachos, taco, burrito
get some protein
Beef, chicken, legumes
make it pretty
Salsa, lettuce, tomato, cheese, jalapenos, etc.

28 **NO SCHOOL**
Spring Break

29 **NO SCHOOL**
Spring Break



30 **NO SCHOOL**
Spring Break



31 **NO SCHOOL**
Spring Break

1 **NO SCHOOL**
Spring Break



Made To Order
Deli Bar
Available Tues, Thurs

This institution is an equal opportunity provider..

Create Your Meal...

FIRST: Choose Entree

SECOND: Make it a meal *choose a fruit or veggie*

From *hot and seasoned* to *fresh and crisp*, there are plenty of vegetable options to choose from. Don't forget to grab a *sweet fruit* as a healthy alternative to dessert.

THIRD: Grab a milk, either Fat Free flavored, 1% or skim



Menus are subject to change without notice.

