






# February 2016

## GCCS Middle School Lunch Menu

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | <b>Special News...</b><br><b>Daily Options:</b><br>Homemade Cheese & Pepperoni Pizza<br>Chicken Patty Sandwich<br>Spicy Chicken Patty Sandwich<br><br><b>To qualify as a full lunch meal, a student <u>must</u> take ½ cup of fruit or vegetable, plus two other items.</b><br><br><b>PRICING</b><br>Stud. Lunch...\$2.60<br>Red. Lunch....\$0.40<br>Adult Lunch....\$3.10<br>2nd Entrée..... \$2.05<br>Milk..... \$0.55<br><br><i>This institution is an equal opportunity provider.</i><br><br>Menus are subject to change without notice. |
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| <b>1</b><br><b>Breaded Buffalo Ckn &amp; Ranch Wrap</b><br>Chicken Nuggets w/ Roll<br>All American Chef Salad<br><u>Meat Lovers Pizza</u><br>Baked Beans, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks  | <b>2</b><br><b>Salisbury Steak w/ Gravy &amp; Roll</b><br>Made to Order Deli Bar<br>Cheeseburger<br><u>Vegetable Pesto Pizza</u><br>Mashed Potatoes & Gravy, Baby Carrots, Garden Salad, Banana, Sliced Pears  | <b>3</b><br><b>Orange Popcorn Ckn w/ Veggie Fried Rice</b><br>Hot Dog on Bun<br>Ham Chef Salad<br><u>BBQ Ckn Flatbread Sdw</u><br>Steamed Carrots, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches | <b>4</b><br><b>Tomato Alfredo Penne w/ Garlic Toast</b><br>Made to Order Nacho Bar<br>Italian Ham Salad<br><u>Buffalo Ckn Pizza</u><br>Steamed Broccoli, Celery Sticks, Garden Salad, Apple, Applesauce                                    | <b>5</b><br><b>Fish Sticks w/ Roll</b><br>Papa John's Pizza<br>Cheeseburger<br>Ham, Turkey & Cheese Sandwich<br><u>Baked French Fries</u> , Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears |  |
| <b>8</b><br><b>Meatballs Romano</b><br><i>Beef meatballs tossed in spicy tomato sauce and served with penne pasta</i><br>Popcorn Chicken w/ Roll<br>Chicken Caesar Salad<br><u>Hawaiian Pizza</u><br>Green Beans, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks | <b>9</b><br><b>White Bean Chicken Chili &amp; Garlic Toast</b><br>Made to Order Deli Bar<br>Meatballs Romano<br><u>BBQ Chicken Pizza</u><br>Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Sliced Pears                                     | <b>10</b><br><b>Ham &amp; Potato Egg Strata w/ Biscuit</b><br>Meatballs Romano<br>Italian Ham Salad<br><u>Taco Pizza</u><br>Baked Tater Tots, Celery Sticks, Garden Salad, Orange Wedges, Diced Peaches        | <b>11</b><br><b>Chicken Bacon Ranch Flatbread Sandwich</b><br>Made to Order Nacho Bar<br>Meatballs Romano<br>Turkey & Cheese Wrap<br><u>Vegetable Pesto Pizza</u><br>Sweet Corn, Baby Carrots, Garden Salad, Apple, Applesauce             | <b>12</b><br><b>Grilled Ham &amp; Cheese Sandwich</b><br>Papa John's Pizza<br>Cheeseburger<br>All American Chef Salad<br>Baked Beans, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears       |  |
| <b>15</b><br><b>NO SCHOOL</b><br>President's Day<br><br>*Potential Snow Make-Up Day*   | <b>16</b><br><b>Spaghetti Carbonara</b><br><i>Spaghetti tossed in bacon alfredo sauce &amp; diced chicken</i><br>Made to Order Deli Bar<br>Cheeseburger<br><u>Meat Lovers Pizza</u><br>Green Beans, Baby Carrots, Garden Salad, Banana, Sliced Pears | <b>17</b><br><b>BBQ Chicken Drumstick &amp; Biscuit</b><br>Spaghetti Carbonara<br>Ham Chef Salad<br><u>Buffalo Chicken Pizza</u><br>Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches    | <b>18</b><br><b>BBQ Pork Riblet Sdw</b><br>Made to Order Nacho Bar<br>Spaghetti Carbonara<br>Buffalo Chicken Salad<br><u>Ckn Parmesan Pizza</u><br>Baked Beans, Celery Sticks, Garden Salad, Apple, Applesauce                             | <b>19</b><br><b>Breaded Fish Melt</b><br>Papa John's Pizza<br>Cheeseburger<br><u>Italian Ham Salad</u><br>Steamed Broccoli, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears                 |  |
| <b>22</b><br><b>Country Fried Steak w/ Gravy &amp; Roll</b><br>Chicken Nuggets w/ Roll<br>Ham Chef Salad<br>Chicken Club<br><u>Flatbread Pizza</u><br>Mashed Potatoes & Gravy, Fresh Broccoli, Garden Salad, Apple, Pineapple Chunks                                     | <b>23</b><br><b>Spaghetti &amp; Meatballs</b><br>Made to Order Deli Bar<br>Cheeseburger<br><u>Vegetable Pesto Pizza</u><br>Green Peas, Baby Carrots, Garden Salad, Banana, Sliced Pears  | <b>24</b><br><b>Cheeseburger Roiletto</b><br>Hot Dog on Bun<br>Italian Salad w/ Ham<br><u>Taco Pizza</u><br>Baked Beans, Cucumber Slices, Orange Wedges, Garden Salad, Diced Peaches                           | <b>25</b> Harvest of the Month<br><b>Spicy Cajun Chili w/ Tortilla Scoops</b><br>Made to Order Nacho Bar<br>Chicken Salad Wrap<br><u>Buffalo Chicken Pizza</u><br>Roasted Brussels Sprouts, Celery Sticks, Garden Salad, Apple, Applesauce | <b>26</b><br><b>Fish Sticks w/ Roll</b><br>Papa John's Pizza<br>Cheeseburger<br><u>Ham &amp; Cheese Sdw</u><br>Green Beans, Baby Carrots, Garden Salad, Fresh Fruit, Diced Pears                 |  |
| <b>29</b> Birthday Celebration<br><b>Italian Meatball Sub</b><br>Popcorn Chicken w/ Roll<br>All American Chef Salad<br><u>Sausage Pizza</u><br>Steamed Carrots, Cherry Tomatoes, Garden Salad, Apple, Pineapple Chunks, Rice Krispie Treat                               |   |   |   |  |  |

### Did You Know...?

We offer **breakfast** every single day! From cinnamon rolls to eggs, cereal to sausage bagel sandwiches, we are sure to offer something you or your child will love! Menus are posted online.

**BREAKFAST PRICING:** Paid - \$1.50, Reduced - \$0.30, Adult - \$1.75

