



# February 2016

## Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>1</b> Maple Pancakes Fresh Orange	<b>2</b> Glazed Mini Cinnamon Rolls Fresh Banana	<b>3</b> Sausage & Cheese Bagel Sandwich Fresh Orange	<b>4</b> Turkey Sausage Pancake Wrap Fresh Apple	<b>5</b> Ham & Cheese Biscuit Sandwich OR Assorted Benefit Bars Assorted Fresh Fruit	<b>Special News...</b> <u>Available Daily</u> -- 100% Juice -- Fat Free Flavored or Plain Milk -- 1% Milk -- Grape Jelly -- Margarine
<b>8</b> Mini Cream Cheese Bagels Fresh Orange	<b>9</b> Sausage Breakfast Pizza Fresh Banana	<b>10</b> Sausage & Cheese Biscuit Sandwich Fresh Orange	<b>11</b> Muffin Square Fresh Apple	<b>12</b> French Toast Sticks OR Assorted Benefit Bars Assorted Fresh Fruit	
<b>15</b> <b>NO SCHOOL</b> President's Day  *Potential Snow Make-Up Day*	<b>16</b> Turkey Sausage Pancake Wrap Fresh Banana	<b>17</b> Egg & Cheese Bagel Sandwich Fresh Orange	<b>18</b> Cherry Frudel Fresh Apple	<b>19</b> Maple Mini Pancakes OR Assorted Benefit Bars Assorted Fresh Fruit	<b>Daily Grab &amp; Go Options (Pick Up To Two)</b> Assorted Cereal WG Pop Tart Cinnamon Toast Bagel w/ Cream Cheese Animal Crackers Elf Grahams Scooby Snacks Strawberry NutriGrain Peanut Butter Hardboiled Egg String Cheese Strawberry Banana Yogurt
<b>22</b> French Toast Sticks Fresh Orange	<b>23</b> Mini Cinnamon Roll Fresh Banana	<b>24</b> Egg & Cheese Bagel Sandwich Fresh Orange	<b>25</b> Ham & Cheese Biscuit Sandwich Fresh Apple	<b>26</b> Muffin Square OR Assorted Benefit Bars Assorted Fresh Fruit	
<b>29</b> Sausage Breakfast Pizza Fresh Orange					

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

Menus are subject to change without notice.

*This institution is an equal opportunity provider.*

### Schools Following this Menu:

Parkview, River Valley and Charlestown Middle



To qualify as a full meal, a student must take a fruit with breakfast.