

2016 January

GCCS Elementary Lunch Menu



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

<p>4 Beef Nachos Popcorn Chicken w/Roll <u>Chicken Caesar Salad</u> Seasoned Refried Beans, Cherry Tomatoes, Garden Salad, Apple, Pineapple Tidbits</p>	<p>5 Homemade Chicken Noodle Soup w/ Goldfish Cheeseburger Deli Ckn & Cheese Sdw Steamed Carrots, Cucumber Slices, Garden Salad, Banana, Diced Pears, Fruit Cocktail</p>	<p>6 Salisbury Steak & Roll w/ Brown Gravy Chicken Nuggets w/Roll <u>Italian Ham Salad</u> Mashed Potatoes & Gravy, Celery Stick, Garden Salad, Orange Wedges, Diced Peaches, Dessert</p>	<p>7 Pepperoni Grilled Cheese w/ Marinara Chicken Patty Sdw <u>Turkey & Cheese Sdw</u> Green Beans, Baby Carrots, Romaine Salad, Apple, Sliced Pears</p>	<p>8 BBQ Pork Riblet Sdw Cheese Pizza <u>Ham & Turk Chef Salad</u> Steamed Broccoli, Red Pepper Sticks, Garden Salad, Fresh Fruit, Fruit Cocktail</p>
<p>11 Pancakes & Syrup w/ Turkey Sausage Cheeseburger <u>Italian Ham Salad</u> Baked Tater Tots, Fresh Broccoli, Garden Salad, Apple, Pineapple Tidbits</p>	<p>12 Corn Dog Chicken Patty Sdw <u>Turkey & Cheese Sdw</u> Green Beans, Red Pepper Sticks, Garden Salad, Banana, Diced Pears</p>	<p>13 Chicken Pot Pie Popcorn Chicken w/Roll <u>Ham & Cheese Sdw</u> Green Peas, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches, Dessert</p>	<p>14 Mexican Lasagna w/ Tortilla Chips Hot Dog on Bun <u>Buffalo Chicken Salad</u> Seasoned Refried Beans, Baby Carrots, Garden Salad, Apple, Applesauce</p>	<p>15 Grilled Cheese & Tomato Soup Pepperoni Pizza <u>Beef Nacho Salad</u> Peas & Carrots, Celery Sticks, Garden Salad, Fresh Fruit, Fruit Cocktail</p>
<p>18 NO SCHOOL MLK Day</p>	<p>19 Chicken Mashed Potato Bowl w/ Roll Fish Sandwich Melt <u>Turkey & Cheese Sdw</u> Golden Corn Red Pepper Sticks, Garden Salad, Banana, Diced Pears</p>	<p>20 Sweet & Sour Ckn w/ Broccoli & Fried Rice Chicken Nuggets/Roll <u>Italian Ham Salad</u> Steamed Carrots, Cucumber Slices, Garden Salad, Orange Wedges, Diced Peaches, Dessert</p>	<p>21 Chicken Soft Taco Cheeseburger <u>Chicken Salad Wrap</u> Baked Beans, Celery Sticks, Garden Salad, Apple, Sliced Pears</p>	<p>22 Grilled Cheese Sandwich Pepperoni Pizza <u>Chicken Caesar Salad</u> Green Beans, Baby Carrots, Garden Salad, Fresh Fruit, Fruit Cocktail</p>
<p>25 Meatball Pizza Sub Chicken Patty Sdw Ham, Turkey & Cheese Sandwich Steamed Carrots, Cherry Tomatoes, Garden Salad, Apples, Pineapple Tidbits</p>	<p>26 Country Fried Steak w/ Gravy & Roll Cheeseburger Baja Chicken Salad w/ Tortilla Chips Green Beans, Cucumber Slices, Garden Salad, Banana, Diced Pears</p>	<p>27 Harvest of the Month Beef Chili Mac Chicken Nuggets w/Roll <u>Deli Ckn & Chs Wrap</u> Baked Beans, Celery Sticks, Garden Salad, Diced Peaches, Cara Cara & Blood Oranges</p>	<p>28 French Toast Sticks w/ Turkey Sausage Hot Dog on Bun <u>Buffalo Chicken Salad</u> Baked Tater Tots, Baby Carrots, Garden Salad, Apple, Applesauce</p>	<p>28 Birth Day Celebration Fish Sandwich Melt Cheese Pizza <u>Popcorn Chicken Salad</u> Steamed Broccoli, Red Pepper Sticks, Garden Salad, Fresh Fruit, Fruit Cocktail, Rice Krispie Treat</p>



More Info...

Available Daily:
-Peanut Butter & Jelly Sandwich
-Skim Milk
-Chocolate Skim Milk
-1% Milk
-100% Juice

All grains offered are rich in whole wheat flour which increases the amount of vitamins, minerals, fiber and protein it contains.

To qualify as a full lunch meal, a student must take a fruit or vegetable, plus two other items.

This institution is an equal opportunity provider.

Lunch Pricing
Paid.....\$2.35
Reduced..... \$0.40
Adult.....\$3.10
Milk.....\$0.55

Elementary Lunch Menu

Did You Know...

We offer breakfast every single day! From pancakes to bagels, cereal to sausage biscuits, we are sure to offer something your child will love! Menus are posted online and sent home monthly.

PRICING: Paid - \$1.50, Reduced - \$0.30, Adult - \$1.75



Menus are subject to change without notice.

